

INSTITUTE FOR DIETETICS IN NIGERIA (NIGERIAN DIETETICS ASSOCIATION)



1970- 2020

GOLDEN

MEMORANDUM

AND NOTABLE DOCUMENTARIES

TABLE OF CONTENTS

1. Foreword.....	iii
2. Preface.....	v
3. The Genesis	1
4. Early Dietitians.....	4
5. Nigerian Dietetics Association (NDA)	7
6. Nigerian Dietetics Association and the Cataclysm	13
7. The Institute for Dietetics in Nigeria (IDN) ...	20
8. The Re-union Attempts	27
9. Profiles of Some Notable Dietitians	38
10. Appendixes	
(i) List of Fellows of the Institute for Dietetics in Nigeria.....	131
(ii) Hippocratic Oath	132

FOREWORD

It is my pleasure, on behalf of the Executive Committee to congratulate every member of the Institute for Dietetics in Nigeria for being alive to witness and celebrate 50 years of God's faithfulness in sustaining our growing Association.

The Practice of Dietetics as a profession in Nigeria is 50 years, this year 2020. People do ask “What another word for 50 years is”–half century, semi-century or Quinquanarian. To turn 50 years is a time of celebration. If one is lucky to live an enjoyable and fruitful life up to 50, one could be said to be fortunate. Turning 50 years might also mean a time to give thanks, and rejoice, a time to develop self-actualization and a time to turn towards a new goal. We give all glory to God.

Food, diet and adequate nutrition are basic to life. Nutrition is a fundamental pillar of human health, life, well-being and development. Dietetics focuses on the application of the science of the principles of Human Nutrition to specific conditions in health and diseases. Nutritionist–Dietitians are Regulated Health Care Professionals whose job is to translate scientific information on food to practical advise to help people make health conscious decisions on what kind of food to eat to keep healthy, based on individual's needs. They are licensed to assess, diagnose and treat nutritional problems.

This book presents the history of the co-existence of Dietitians as a family with affection among members in Nigeria until 2009 when a division was embarked on, by a breakaway group and it also present the achievements of

the Institute [IDN] to date. This publication also provides detailed information on the birth of the Institute for Dietetics as an association (IDN) and the birth of Dietitians Association of Nigeria (DAN) following the abortive effects of the reconciliation meeting of the Hospital Services Division of the Federal Ministry of Health, Abuja, between the two groups.

The summary of the status of registration of the two Dietetics Association bodies (IDN and DAN) with CAC and the effects of the registration of the two bodies are highlighted in this publication to educate members against incorrect information that are being circulated around.

In recognition of the contributions of some distinguished individuals, their profiles are presented in this publication.

I recommend this historical publication to all Dietitians, student dietitians, other Health care professionals and the general public as a source of information about the existence of Dietetics in Nigeria.

Grace T. Fadupin PhD, RD, FIND
President-Institute for Dietetics in Nigeria
Professor of Clinical Nutrition and Diet Therapy
Department of Human Nutrition and Dietetics
Faculty of Public Health
College of Medicine
University of Ibadan.

PREFACE

The professional body of Nigerian dietitians, Nigerian Dietetics Association (NDA) otherwise known as Institute for Dietetics in Nigeria (IDN) came into being in 1970. This translates to the fact that the body was established some fifty (50) years ago. Fifty years of existence is indeed a feat. It simply means IDN has been around for half of a century!

As a body that has survived series of challenges in the past, attainment of 50 is by no means a special favour from God. Our ability to survive and surpass previous obstacles is a testimony of our resilience and readiness to wallop along to glory. This is in line with the position of Marie Dressler, the Canadian-American stage and screen actress, that:

“By the time we hit 50, we have learned our hardest lessons. We have found out that only a few things are really important. We have learned to take life seriously but never ourselves”.

For being specially favoured by God, there is need for us to celebrate God's faithfulness and kindness in our lives as members of the Institute and in the life of our dear Institute which is the common denominator of all dietitians in Nigeria.

This publication is therefore a means of celebrating the attainment of fifty years of existence of the professional body of dietitians in Nigeria. It is a monumental endeavour that is meant to play a monumental role in the annals of dietetics as a profession in Nigeria.

The publication affords us the opportunity of evaluating

the essence of our existence as a professional body and how far we have journeyed at fifty. In the words of Robert A. Heinlein, *“50 is the age when you look back and smile at what you have achieved, frown at those missed opportunities, and release a slight chuckle at those moments”*.

The publication is also out to fill the noticeable historical lacuna that was occasioned by the resolve of some individuals to cart away the much cherished documents and historical records of the professional dietitian's body for their selfish and egoistic purposes. This is because the publication attempts to chronicle the existential history of the professional body of dietitians in Nigeria in the past fifty years.

At 50 we are not only conscious of our attainment; we are also aware of where we are coming from and our projections for the future. This is the essence and need for our members to be abreast with our history. After all, a generation which ignores history has no past and no future. Not minding the ignoble role of those individuals that made away with the documents of the body, the recorded details in this book, which were carried out with strict objectivity and sincerity suffices as the Institute's history. In the words of the legendary Thomas Jefferson, history is not what happened, history is what is written.

Apart from being a historical documentation, the book also showcases the profiles of selected members of our Institute who have distinguished themselves in the practice of dietetics. This is a way of exhibiting and celebrating some of the excellent products of the Institute across the length and breadth of Nigeria and beyond.

Notwithstanding the fact that the Institute for Dietetics in

Nigeria (IDN) has, as her members, hundreds of eminent and distinguished dietitians; this book only features the profile of few of the members in addition to those of her directors. The idea is to mark the 50th years anniversary of the professional body in grand style. As much as possible, the selected members whose profiles are included in this book were drawn from the different parts of the country in line with the national identity outlook of the professional body of dietitians.

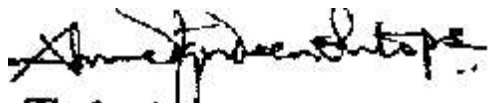
In the course of compiling the contents of this book, reliance was placed on the input of several individuals especially the elders and leaders of the Institute. The secretariat is grateful to them all. We particularly wish to appreciate the incumbent national president, Prof. (Mrs.) Grace Taniomowo Fadupin, for her astute leadership and her cooperation towards this project. We salute the efforts of past Presidents, Mr. Sam Yuwa, Grp. Capt. Isaac Madaki and Prof. Elizabeth Chibuzo in providing us with necessary details during their tenure of office.

We equally appreciate all members whose profiles were selected for inclusion into the book. The willful acceptability of their selections and the degree of cooperation exhibited in remitting their profiles to the secretariat are salutary. It is a demonstration of their first class commitment to the plight of the Institute. We are proud of you all.

As much as possible, we have laid bare in this book the story of the professional body of dietitians in the past fifty years. We have equally showcase profiles of some distinguished members of the Institute as well. The book is certainly a reliable reference on any matter appertaining to the dietetics profession in Nigeria. It is therefore recommended as a must companion to students

of dietetics, practicing dietitians, stakeholders in nutrition, dietetics and food administration as a whole. It will also be a useful handy piece for researchers in the subject of nutrition, dietetics and their practitioners.

God bless you all.

A handwritten signature in black ink, appearing to read 'Tajudeen Olutope', with a horizontal line underneath.

Tajudeen Olutope Ahmed, Esq.
National Secretary, IDN
20/10/2020

CHAPTER ONE

THE GENESIS

Dietetics is as old as Medicine. As a matter of fact, Dietetics and Medicine are like Siamese twins. They are inseparable. No doubt, the legendary Hippocratic oath which the doctors subscribed upon their qualification to practice medicine made it mandatory for physicians to apply dietetics in the practice of their trade. Specifically, the original Hippocratic oath provided, inter alia, thus:

“I will apply dietetic measures for the benefit of the sick according to my ability and judgment; I will keep them from harm and injustice”.

From the foregoing, it is clear that application of dietetic services in medicare is as old as medical practice itself.

Notwithstanding the age long applicability of dietetic measures in medical practice, dietetics as a professional endeavor is still evolving. Professional dietitians are not as old as medical doctors. The reason is not farfetched. Dietetics services were skeletally rendered by doctors in the past as part of their professional practice. Over time, the doctor's limited understanding of the knowledge of dietetics and its application were considered inadequate and inappropriate to sustain the demands of modern health care services. As such, there was need for specialists in nutrition and dietetics. This development laid the foundation for the emergence of the pioneer dietitians who are majorly experts in medicine and medical sciences.

The advent of professional dietitians into the Nigeria firmament was quite recent. Even when professional dietitians have existed in the developed nations for almost a century, dietitians only berth on the shores of Nigeria in the early sixties. It is worthwhile to state that professionals that are allied to dietetics like Caterers, Food Scientists and Technologists, Home Scientists and Economists, Microbiologists and Health Educationists have been arrogating the roles of professional dietitians to themselves prior to the advent of professional dietitians.

The onset of the Nigerian civil war and its virulent effects on people's health and wellbeing called for urgent diet therapeutic interventions in patients' care. The untoward consequences on nutrition and health of the citizens leading to multifarious nutritional and medical complications saw the need for a coordinated national nutrition and diet therapeutic measures. Since this can only be executed by dietitians, the need for the available few dietitians in the country to come together as a team became expedient.

The first national meeting of dietitians where it was decided and planned on how to forge a national association of dietitians took place in 1969 at Lagos. By the following year, 1970, the Nigerian Dietetics Association was sired. This was the very beginning of the coming together of Nigerian dietitians under the canopy of a professional association.

The Nigerian Dietetics Association (NDA) started its operation under the leadership of Mrs. Gladys Williams who was reputed to be the first dietitian in Nigeria. Mrs. Williams and other members of her generation were the pioneer members of the association. As expected of pioneers, a lot of efforts were deployed into the

organization and coordination of the association. They tried hard to place dietetics on the professional map of Nigeria. Their efforts paid off. They were able to get the Federal Government, especially the Ministry of Health, to recognize the Association as a professional body.

The Nigerian Dietetic Association (NDA) was made up of professionals in dietetics from the onset. These are people who have undergone a minimum of four years in a tertiary institution, have met the academic requirements for training as a dietician, have undergone internship training and have passed a qualifying professional examination as stipulated in the association's constitution. Membership of the association is therefore open to graduates of universities offering B.Sc. in Nutrition and Dietetics, HND graduates in Nutrition and Dietetics and other graduates acceptable to the Council of the NDA after due verification of their academic transcripts and other relevant documents. These members can now be said to be registered with the NDA and can affix the suffix RDN, for Registered Dietitian of Nigerian to their name.

CHAPTER TWO

EARLY DIETITIANS

The early dietitians were quite few. The reason is obvious. As at the time of their qualification, there was no institution training dietitians in Nigeria. As such, for one to be a dietitian means that one has to be trained abroad. In other words, all the first generation dietitians were trained overseas.

Indisputably, Mrs. Gladys Olabisi Williams was the first Nigerian dietitian. She was the leading light among the doyens of the dietetics profession in Nigeria. For quite a while, she was the only dietitian catering for the diet therapeutic needs of the entire nation. It was not an easy task on her part yet she remained steadfast, painstaking and dedicated. It was therefore cheering for her when other qualified dietitians joined her fold.

Mrs. Elizabeth Olugbolagun Palmer was one of the pioneers in the dietetics profession. She is one of the early additions to Mrs. Williams. Equally among the first generation of dietitians was Prof. (Mrs.) Oluwaremilekun Keshinro. She is reputed to be the first professor of dietetics in Nigeria.

It was to the credit of these pioneers that dietetic departments were established in some of the leading hospitals in Nigeria. Apart from seeing to the establishment of dietetics departments, they equally designed the scope and extent of diet therapeutic services that were rendered in the departments. University College Hospital (UCH), Ibadan was the first to float a full scale dietetics department in Nigeria. This is in tandem with the

fact that the hospital was the first tertiary health care centre to be established in the country. The UCH dietetics department is therefore the mother of all hospital dietetics departments in the country.

With time, it becomes obvious that there was need for more dietitians to cater for the ever rising number of individuals that needed diet therapeutic intervention. The fact that dietitians are being trained overseas seemed to be a stumbling block to the recruitment of the needed dietitians to assuage the obvious dearth of professional dietitians in the country. This led to the need to have a dietetics training institution in Nigeria.

The foremost polytechnic in northern Nigeria, Kaduna Polytechnic, blazed the trail in the training of dietitians in the country. With the establishment of the department of Nutrition and Dietetics in the Polytechnic in 1972, the institution pioneered the training of dietitians in Nigeria.

The efforts of the first generation dietitians in the commencement of dietetics studies in Nigeria were highly commendable and laudable. Apart from their persistent advocacy and the pressure mounted on the relevant authorities on the need to domesticate dietetics training, they were fully involved in the development of the training curriculum of the dietetics department of the polytechnic. Some of them freely offered their services as trainers in the department. They were buoyed with uncommon zeal and determination in their altruistic contributions to the establishment and growth of the dietetics department of the polytechnic.

Upon the establishment of dietetics department at the Kaduna Polytechnic, the need to establish dietetics department at a degree awarding institution came into

the fore. University of Nigeria, Nsukka was able to rise up to the occasion. The University which was established in 1960 as the first indigenous and independent Nigerian university, established the department of Home Economics in the faculty of Agriculture in 1961. The department then offers a programme for the B.Sc. degree in Home Economics. Graduates of the department specialized in either Food and Nutrition or the Teaching of Home Economics or Textile and Clothing.

With the need for a degree programme in dietetics, the University decided to broaden the scope of the department to provide a nucleus for new academic initiatives in the areas of Food Science, Nutrition and Dietetics. As such, the name of the department was consequently changed to the department of Food Science and Home Sciences in 1973/74 academic session. This ultimately paved way for the study of Nutrition and Dietetics option at a degree level.

It is worthy of mentioning that the effort of the pioneer dietitians in the establishment of dietetics training at degree level was appreciable. Apart from the unparalleled supports from the pioneers, it was on record that the same curriculum that was developed by them for the study of dietetics at Kaduna Polytechnic served as the basic guide for the commencement of dietetics programme at University of Nigeria Nsukka.

The pioneer dietetics graduates of Kaduna polytechnic and University of Nigeria, Nsukka became a formidable addition to the rank of the pioneers in the profession of dietetics in Nigeria. Even when there are individuals that still study dietetics abroad, the graduates produced by the two Nigerian institutions assisted in meeting up with the urgent need for more dietitians in the country at the time.

CHAPTER THREE

NIGERIAN DIETETICS ASSOCIATION

The need for effective coordination of the affairs of dietitians and to boost the profession of dietetics led to the formation of a national association of dietitians known as Nigerian Dietetic Association (NDA) in 1970. The association was meant to be the sole unifying body for the entire dietitians in Nigeria. As such, it provided a formidable platform for professional interaction, networking and information dissemination among the dietitians.

Professional dietitians from the North, East, West and South of the country were members of the association. Not minding the provision for freedom of association in the constitution of Nigeria, the membership of the Nigerian Dietetic Association was made compulsory to all qualified dietitians.

At inception, the headship of the association was automatically conceded to the first dietitian in Nigeria, Mrs. Gladys Williams. It was on record that Mrs. Williams invested quality time, resources and know how in providing the association the needed stability, focus and strength. The association was in the rank of other professional associations in the country.

In the absence of a statutory agency for the regulation of the training and practice of dietetics in Nigeria, the Nigerian Dietetics Association was responsible for the regulation of the training and practice of dietetics across the Nigeria federation. The leadership of NDA will not only accredit institutions for the training of dietetics; the

association also saddles herself with the development of dietetics curriculum in all the higher institutions offering dietetics in Nigeria. Besides, it ensured regular training and re-training of her members as a way of keeping them in tune with the best professional practice across the globe.

The association organizes yearly conference which provides opportunity for annual convergence of members for the purpose of knowledge sharing, monitoring of available dietetic departments in the hospitals, and ensuring that the best professional care is accorded patients that are in need of diet therapeutic services. The conference also provides opportunity for social interaction and commensalism among dietitians.

Mrs. Williams was in charge of the association as president for quite a while. The earlier members of the association were quite few and the urge to lead was not the concern of the members. Their major concern was the growth of the association. What is more, the leadership of Mrs. Williams was pleasant to all. She was indeed a servant leader.

After several years in the saddle, Mrs. Williams step down from the leadership of the association. Mrs. Elizabeth Olugbolagun Palmer became the president after the tenure of Mrs. Williams. Like her predecessor in office, Mrs. Palmer invested her best in the administration of the professional body of Dietitians. She did not only consolidate on the laudable achievements of Mrs. Williams; she was able to bring commendable innovations on board the leadership of the Association. Mrs. Palmer's drives towards an egalitarian professional body was unrivaled. Her tenure was a worthy one for the

association and she remained a pride to her colleagues and the Association.

Other dietitians mounted the leadership chair in successions until 1988 when Mrs. V. O. Enyiobi became the president. It is worthy of note that the association was faced with serious leadership challenge for many years during which some of its leader retired from the civil service and travelled overseas. This development led to a break in the continuity of leadership and it saw a down turn in the association's profile and activities.

Recalling the names of the leaders of the association in chronological order after the tenure of Mrs. Palmer is difficult due to the non-availability of the necessary records. Nevertheless, record has it that Mrs. V. O. Enyiobi was the president from 1988 to 1997 when she travelled overseas. Her secretary, Fola Otuyelu took over the mantle of leadership and handed over to an elected president in 1998.

Mr. Sam Yuwa, one of the most vibrant dietitians in the history of Nigeria, became the association's president in 1998. Dr. Chika Ndiokwelu who was the former treasurer during the regime of Mrs. Enyiobi was elected as the secretary in 1998. The regime of Sam Yuwa, which was regarded as one of the glorious era in the life of the association spanned through 1998 till 2005

In 2005, Gp. Capt. Isaac Madaki was elected as the association's president and Mrs. Sarah Abagai was elected as the secretary. The tenure of Gp. Capt. Isaac Madaki, which could be described as golden, lasted till 2008. The duo of Gp. Capt. Madaki and Mrs. Sarah Abagai were exceptional leaders with uncommon leadership skills. The association was classically

coordinated and members' welfare was accorded first class priority.

In 2008, there was another change of baton. The change led to the historical election of Prof. Elizabeth Chibuzo and Mr. Emmanuel Ogbuigwe as the president and secretary respectively. The election of Prof. Chibuzo, who teaches at the University of Maiduguri Borno State, was upon an overwhelming majority votes. No doubt Prof. Chibuzo is an amiable and fantastic woman with a very sunny disposition. She commands a lot of respect because of her humane and humble ways. Having served the association in the past as her Assistant Secretary (1988–1997); Chairman, Education Committee (1989–2004); Treasurer (1997–2003) and Vice President (2004–2008) her exemplary leadership trait has become noticeable to all and sundry.

Even though Prof. (Mrs.) Chibuzo served as the president of the Nigerian Dietetics Association till 2011 when the Association's name was changed; Mr. Emmanuel Ogbuigwe that was elected as the secretary alongside with Prof. Chibuzo served as the association's secretary from 2008–2009. Upon the resignation of Mr. Ogbuigwe, Mrs. Joy Funmilayo (Odewale) Adewuyi was elected as the NDA secretary from 2009 till 2011. The events that led to the resignation of Mr. Ogbuigwe will be addressed in the next chapter.

The Nigerian Dietetic Association maintains affiliation with International Dietetics Association (IDA) from time immemorial and the association made worthwhile contributions to global dietetics practice.

As soon as the Association gained national prominence, the need to appoint reputable individuals as patrons for

necessary guide, mentoring and support became an issue for consideration. The leadership of the association resolved to appoint the duo of Prof. Tola Atinmo and Prof. Dickson Nnayelugo as the pioneer patrons. The duo of Atinmo and Nnayelugo are not only University lecturers, they are nutritionists of repute. While Atinmo is of University of Ibadan, Nnayelugo was of the University of Nigeria, Nsukka.

Much later, Prof. Babatunde Oguntona of the University of Agriculture, Abeokuta joined the fold of the patrons. As the patron of the Association, it was on record that Prof. Tunde Oguntona instituted an annual prize, commencing from year 2008, for the most outstanding candidate in the Test of Professional Competence in Dietetics. The award with a total value of one hundred and five thousand naira was to be known as Clara and Tunde Oguntona prize.

As a way of clothing the association with a corporate garb, the need to register her with the Corporate Affairs Commission (CAC) became a prominent consideration in the association's agenda from 1998. Several moves were made and a lot of efforts were deployed to the realization of the corporate identity. Members were levied in a bid to raise the needed fund for the registration. The association's constitution was reviewed to reflect the specification of the Company and Allied Matters Act. Above all, the association's logo and motto were designed in readiness for the registration.

In spite of the aforementioned efforts, the association could not effect her registration with the Corporate Affairs Commission until 2000 when the law was reviewed. The Company and Allied Matters Act, 2000 (*the law that deals with the registration of companies and organisations*)

outrightly outlawed the registration of any association that is not government owned to bear a name that start with the word “Nigerian”. This development posed a lot of challenge to the association. The implication of the decision was that the association will have to change her name before it could be registered as a corporate entity.

The leadership and members of the association did not waste anytime in resolving that the association's name should be changed in line with the current position of the law. As such, they tinkered with series of options until they resolved at Dietitians Association of Nigeria (DAN) as a possible replacement. It was then agreed that whenever the association will be re-presented for registration at the Corporate Affairs Commission, it should be registered as Dietitians Association of Nigeria (DAN).

CHAPTER FOUR

DIETETICS ASSOCIATION AND THE CATAclySM

The Nigerian Dietetics Association (NDA) was the toast of every dietitian until the coming of the cataclysm in 2009. Members were proud to co-exist under the association's platform as a family. There was high spirit of brotherhood and affection among members. Everybody was doing his/her best to project and catalpult the association to stardom. The Annual General Meetings (AGMs) were a thing of joy to behold and dietitians looked forward to them. The level of camaraderie that existed among Nigerian dietitians prior to the year 2009 was gargantuan.

The unalloyed spirit of love and oneness resulted in the laudable achievement of the association. Apart from the burning zeal and determination to get the association registered with the Corporate Affairs Commission (CAC), the association was a registered member of a labour union—NUPMTAM—where most of her members subscribed. The Nigerian Union of Pharmacists, Medical Laboratory Scientists and other Professions Allied to Medicine (now Nigerian Union of Allied Health Professionals, NUAHP) is the union of choice for clinicians other than Medical Doctors and Nurses.

Between 1997 when the association bounced back from her almost dormant state to 2009 when the cataclysm occurred within her fold, the association tried hard to properly reposition dietetics amongst the health professions in Nigeria. In the process, several

achievements were recorded. Few of the association's achievements are as follows:

1. Sensitization and galvanization of her members (dietitians) for the common purpose of improving the nutritional health of Nigeria.
2. Secure recognition by federal, state, local governments and non-governmental organisations (NGOs) which actively involve dietitians in nutritional care plans and programmes.
3. Actively fight for and secure a review of the scheme of service for dietitians
4. Draft and submit a Bill for the regulation of dietetics practice to the Federal Ministry of Health.
5. Institute a qualifying examination, the Test of Professional Competence, TOPC, in Nigeria.
6. Institute annual workshops for continuing education of dietitians
7. Established a body to work with educational institutions in Nigeria offering programmes in Nutrition and Dietetics for accreditation of such programmes.
8. Centralize the internship programme in dietetics in Nigerian hospitals and has a body that inspects and grants accreditation to training hospitals for dietetics.

The glorious years of peaceful co-existence of members under the platform of one indivisible national professional association of dietitians otherwise known as Nigerian Dietetics Association (NDA) came to abrupt somersault in 2009 when the association was factionalized. A brand new association of professional dietitians-: Dietitians Association of Nigeria-was formed. DAN was a child political manoeuver, self-aggrandizement, and wild ambition of an individual.

Dr. Chika Ndiokwelu was no doubt one of the leading lights in the Nigerian Dietetics Association. She has diligently served the association in several capacities such as being the Treasurer/Financial Secretary from 1997 to 1998 and Secretary from 1998 to 2004. It was therefore not out of place if she elected to serve the association at a higher capacity. However, such election will be subject to the acceptance and ratification of members.

As a very ambitious individual, Dr. Chika seems to have a burning ambition to be the president of the association. Towards the realisation of her dream, she indicated her interest in the presidency of the association in 1998 during the association's conference in Markudi. In the judgment of the members of the association, Mr. Sam Yuwa was more preferred hence Dr. Chika could not realize her dream of becoming the president during the 1998 election year.

In 2005 election year, Dr. Chika Ndiokwelu also slugged it out with Gp. Capt. Isaac Madaki for the post of the association's president. Again, the electorates preferred Gp. Capt. Madaki to Dr. Mrs. Chika for the coveted office of the association's president.

The last straw that broke the camel's back was in 2008 election year when Dr. Mrs. Chika Ndiokwelu contested alongside Dr. (Mrs.) Elizabeth Chibuzo. The election which took place at the Lagos State University Teaching Hospital (LUTH) was an historical one. Contrary to the expectation of Dr. Chika, she again lost the election to her opponent. In line with democratic tenets, Dr. (Mrs.) Elizabeth Chibuzo who won the election was declared winner and sworn in as the association's president.

Even when members of the association, including Dr. Chika Ndiokwelu, expressed satisfaction with the outcome of the election; the truth was that Dr. Ndiokwelu was highly bittered about the outcome of the poll. From the moment Dr. Chibuzo was sworn as the president of the association, Dr. Ndiokwelu began to loathe everything about the association she once coveted and held in awe. She was prepared for a show down and a catastrophic one at that. Unknown to the elected president, Dr. Chika Ndiokwelu embarked on a voyage of division and separation. She recruited followers with unparalleled assiduity to her fold. She employed all sorts of sentiments including HND/B.Sc. dichotomy in a bid to realise her dream of putting a parallel association in place.

Much as she tried, majority of her sympathisers are from her south eastern part of the country. As such, she ended up establishing a factional association of Dietitians that is of south eastern membership on the 19th March 2009.

As characteristic of all power mongers, Dr. Chika Ndiokwelu declared herself as the president of her association upon its launch on the 19th March 2009. As such, the presidential ambition that she could not realised as a member of Nigerian Dietetics Association was thrust on her laps by a combination of her wits and shenanigans. At least she became the president of some dietitians from the south eastern enclave of Nigeria even when she was unable to realise her dream of leading the entire park of Nigerian Dietitians.

The new dietitian's association, DAN, was not only launched; it was equally incorporated with the Corporate Affairs Commission (CAC) by her trustees, as an Incorporated Trustee under part 'C' of the Company and Allied Matters Act, 1990. Because of the surreptitious

way with which the registration was carried out, the leadership and members of the Nigerian Dietetics Association (NDA) could not register their objection to the registration since they were not in the know. It is worthy of note that the registration of DAN with the CAC was done with the constitution, logo and resources of NDA. The already agreed name, constitution and logo of the Nigerian Dietetics Association when Dr. Chika Ndiokwelu was the association's secretary were used, without the authority and consent of the NDA and her members, to register the factional association. This practice is in all ramifications a breach of trust and illegal conversion of patent.

The birth of Dietitians Association of Nigeria (DAN) was the cataclysm that occurred in the dietetics profession. The development rocked the boat of NDA and began to drift in an undulating manner. As a matter of fact, three members of the twelve member NDA new executive, that is Mr. Emmanuel Ogbuigwe (Secretary), Mr. Emma Ukwondi (Asst. Secretary) and Mrs. Jane Umeh (Financial Secretary) resigned their positions and membership of the NDA to join the new factional body where their positions were automatically retained.

The resignation of Ogbuigwe, Ukwondi and Umeh was considered as unreasonable and unpatriotic by the executive council of the NDA. As such, the Council resolved to commence disciplinary action on the three individuals by issuing them queries. The trio of Ogbuigwe, Ukwondi and Umeh did not only ignore the queries that were issued them, they equally refused and failed to handover the properties (including documents of the NDA since 1970) that are in their custodies. Till today, all the secretariat and financial documents of NDA since inception are still in the custody of the individuals. As a

matter of fact, they have taken the documents to their new association.

Since nature abhors vacuum, a bye election was conducted in 2009 during the annual conference held in Kaduna for the election of new officers to the office of the Secretary, Assistant Secretary and Financial Secretary. Mrs. Joy Funmi Odewale, Mallam Bashir Ahmadu and Hajia Dije Sule Kabara were subsequently elected into the office of the Secretary, Assistant Secretary and Financial Secretary respectively.

As far as the Companies and Allied Matters Act, 1990 is concerned, the registration of DAN amounts to illegality of the highest order. This is because there was no formal meeting of Dr. Chika Ndiokwelu and her co-DAN travelers since the 16th August 2008 when NDA election was held until the 19th March 2009 when DAN was launched. In other words, there wasn't any general meeting of DAN before the 19th March 2009 which was her maiden general meeting.

Inspite of the above, Dr. Chika Ndiokwelu submitted to the Corporate Affairs Commission (CAC) as far back as 26th December 2008 names of five (05) individuals that were purportedly appointed at DAN annual general meeting as trustees of DAN. This cannot be correct. As such, the appointment of the trustees (who subsequently carried out the registration of DAN) did not take place at all at any general meeting of DAN. What is more, Mr. Emmanuel Ogbuigwe that signed the constitution of DAN and the CAC registration forms of DAN alongside with Dr. Chika Ndiokwelu, on the 26th December 2008 was still the Secretary of NDA as at then. As a matter of fact, the trio of Ogbuigwe, Ukwondi and Umeh announced their

resignation as executives and members of NDA on the 22nd April, 2009.

Another anomaly in the purported registration of DAN is the making of Dr. Chika Ndiokwelu as the generalissimo of DAN. She is both the head of the Trustees and the President of the association. This is a testimony of the fact that she was desperately out to be in control of the affairs of the Nigeria dietitians at all costs.

CHAPTER FIVE

THE BIRTH OF INSTITUTE FOR DIETETICS IN NIGERIA

With the secession of Dr. (Mrs.) Chika Ndiokwelu and her loyalists from NDA and their subsequent floating of DAN, the Council of NDA resolved to do all things possible to persuade the secessionists to come back to the NDA fold.

Towards the realization of the resolve, notable leaders of the profession were made to reach out to the separationists to no avail. The Council then wrote a letter to the Federal Ministry of Health for her intervention. The efforts of the Hospital Services Division of the Federal Ministry of Health at a reconciliation meeting held on 16th May 2009 could not bring back the DAN members to the NDA fold.

Rather than toeing the part of reconciliation, the DAN members were concerned about the continual propagation of their agenda through their newly registered organization. One of such agenda was to see to the total destruction of NDA so as to amalgamate whatever is left of NDA with their brand new association.

In fostering the amalgamation plan, the leaders of DAN flew the kite of inferiority complex against NDA. They were out to tell the whole world that NDA is not a registered body and as such it is not recognized. Regardless of the efforts of the NDA leaders at educating her members that registration with the Corporate Affairs Commission does not confer originality on an association; some of them will

not want to have anything to do with the explanation. All that they want was an association that is registered with CAC.

Knowing fully well that the existing DAN registration with CAC will not allow the registration of another dietetic association as a non-governmental organization (Incorporated Trustee) with the Commission; NDA decided to employ another form of registration for the association. This is more so as the aims and objects of DAN, as registered with CAC, do not encapsulate the entirety of what NDA stood for. While one of the NDA's major achievement was the institution of qualifying examination, Test of Professional Competence, TOPC; DAN's objective has nothing to do with training, examination and award of certificates.

As an association that give exams and accredit tertiary institutions and hospitals for training interns; it was agreed that whatever registration status that NDA will maintain with the CAC must reflect this very important attribute of the association. This resolve led the council of NDA and congress to exploit the association's registration under part 'A' of the Company and Allied Matters Act as a company that is limited by guarantee. Upon careful consideration of this type of registration, it was considered more appropriate for the association to be registered as an Institute, that is, Institute for Dietetics in Nigeria (IDN).

Unlike registration under part 'C' of the Company and Allied Matters Act, the type that was done by DAN, registration as an Institute is more demanding, thorough and laborious. While the registration under part 'C' as an Incorporated Trustee requires the approval of only the CAC, that of an Institute under part 'A' of CAMA requires

the additional imprimatur of the Federal Ministry of Education and Federal Ministry of Justice respectfully for the registration to sail through.

Ultimately, the registration was effected on the 13th September 2010. This gave birth to the Institute for Dietetics in Nigeria. The age long name of the foremost national association of dietitians in Nigeria, Nigerian Dietitians Association (NDA), was subsequently changed to Institute for Dietetics in Nigeria (IDN).

Rather than applauding the efforts and sagacity deployed towards the registration of IDN, the secessionists came up with another propaganda that the registration of IDN was that of a company and as such it was a privately owned association. The latest propaganda was meant to woo IDN subscribers to DAN fold but the attempt was met with brick wall. The enlightened leaders of IDN were able to counter the DAN propaganda with raw facts regarding corporate registration of associations.

IDN leadership had posited that all corporate registrations are regulated by a law that is known and refer to as Companies and Allied Matters Act, 1990 (CAMA). From the name of the law that regulates incorporation of organisations under CAC, the entirety of registration is about company. It therefore implies that if IDN is a company, in the estimation of DAN members, DAN itself must be a company. Besides, DAN's registration was as a non-governmental organisation (NGO) and its ownership was strictly that of her Trustees. In a bid to completely dispel the wrong notion of "inferior" registration status that was labelled on IDN by members of DAN; the Institute at her annual conference in Markurdi (2012) examined through one of her resource persons, who is a lawyer, the status of registration of IDN

and DAN with CAC and the effect of the registrations. Below is an extract from the presentation.

“EFFECT OF THE REGISTRATION

1. INCORPORATED TRUSTEES

Section 673 of Companies and Allied Matters makes provision for the registration of incorporated trustees. The section provides as follows:

- i. “Where one or more trustees are appointed by any community of persons bound together by custom, religion, kinships or nationality of by anybody or association of Scientific, Social, Development, cultural, sporting or charitable purpose, he or they may, if so authorised by the community, body or association apply to the commission in the manner hereafter provided for registration under this PART of this Act as a corporate body.*
- ii. Upon being registered by the commission, the trustee or trustees shall become a corporate body in accordance with section 679 of this part of this Act”.*

From the above provisions of section 673, it is clear that registration of incorporation trustees is a way of operating an association through selected assemblage of trustees who will be operating the association in trust. The advantage of the registration is as stated in section 679 of the Act which is simply that from the date of registration, the trustees shall have perpetual succession, a common seal, power to sue and be sued and power to hold land. It is sufficient to state that the non-registration of a body or an association under part C will not render its existence illegal

2. COMPANY LIMITED BY GUARANTEE

Section 21(b) of CAMA defined company limited by guarantee as one “having the liability of its members limited by the memorandum to such amount as the members may respectively thereby undertake to contribute to the assets of the company in the event of its being wound up”. However, section 26(1) of the Act gave more explanation on the purpose of a company limited by guarantee. The section provided thus:

“Where a company is to be formed for promoting commerce, art, science, religion, sports, culture, education, research, charity or other similar objects, and the income and property of the company are to be applied solely towards the promotion of its objects and no portion thereof is to be paid or transferred directly or indirectly to the members of the company except as permitted by this Act, the company shall not be registered as a company limited by shares, but may be registered as a company limited by guarantee”.

From the provisions of the above, especially that of section 26(1) that elucidated on the purpose of establishing a company limited by guarantee, it is clear that the aim behind the registration of the Institute for Dietetics in Nigeria (IDN) is not for profit making but rather for the promotion of the Science and Art of Nutrition and Dietetics, and furtherance of research in the noble profession of Dietetics. The institute for Dietetics in Nigeria is not by its registration as a company limited by guarantee a private business endeavour as its being speculated by its detractors. What is more, Section 26(4) of CAMA expressly provided that “A company limited by guarantee shall not be incorporated with the object of carrying on business for the purpose of making profits for distribution to members”. This provision seems to be in tandem with the provision of Section 786(1) of CAMA that forbids the use of the income

or property of association whose trustees are incorporated under the Act for personal benefits of members of the association.

In summary, the effects of registration on the two bodies that are under consideration can be considered as follows:

S/NO	INSTITUTE OF DIETETICS IN NIGERIA (IDN)	DIETICIANS ASSOCIATION OF NIGERIA (DAN)
1	<i>It is registered with the Corporate Affairs Commission (CAC) under part ‘A’ of CAMA</i>	<i>It is registered with Corporate Affairs Commission (CAC) under part “C” of CAMA</i>
2	<i>It is not a private business not for profit making</i>	<i>It may or may not be a private business and not for profit making</i>
3	<i>Its affairs are regulated by the provisions of Companies and Allies Matters Act CAMA hence a company</i>	<i>Its affair are regulated by the provisions of Companies and Allied Matters Act CAMA hence a company</i>
4	<i>Registration under CAMA confer the status of a Corporate entity on the institute</i>	<i>Registration under CAMA confers the status of a corporate entity on its trustees</i>

It is hope that the highlights made in this presentation will be suitable for the education of our members so that they will stop being bamboozled by the peddlers of the incorrect information that the registration of DAN makes it a superior association than NDA and that IDN is a private venture”.

In all, it is not in doubt that the birth of Institute for Dietetics in Nigeria as a replacement for the Nigerian Dietetics Association was borne out of circumstance. IDN is indeed a child of necessity unlike DAN that came on board as a result of insatiable lust for power.

CHAPTER SIX

ATTEMPTS AT RECONCILIATION

Apart from the intervention of the Federal Ministry of Health on the fractionalization of the professional body of dietitians, there were other interventions towards the reconciliation of the breakaway group with the main dietetic body.

Prominent among the mediators is the Nigerian Union of Allied Health Professionals (NUAHP) which was formerly known as Nigerian Union of Pharmacists, Medical Technologists and Professionals Allied to Medicine (NUPMTPAM). The Union mobilises health professionals (aside the medical practitioners and the nurses) as members of one labour body. The union recognizes individual membership as well as professional association's membership.

Dietitians being members of the healthcare profession are considered as natural members of NUAHP as such, the union was of concern with the crisis within the Dietetics fold. As a parent body to the professional body of dietitians, NUAHP was of the view that the problem rocking the fold of Nigerian Dietetics Association was one to be resolved without wasting time.

In the process, NUAHP waded in to the rift and came up with proposals towards the settlement of the score at her National Executive Council meeting (NEC) held in Jos in 2009. Even when the proposals of NUAHP could not fly in 2009, the union did not give up. It intensified her intervention in 2010. In the process, the Federal Ministry

of Health, waded into the crisis and proposed the sack of the two leaders i.e. Prof. Elizabeth Chibuzo and Dr. Chika Ndiokwelu from the leadership of the fractional bodies. It also proposed their replacement with a four-man reconciliation committee that will comprise of two members each from the fold of IDN and DAN.

In compliance with the directive of the Federal Ministry of Health, the executives of the two bodies were dissolved on the 16th November 2011 so as to give room for the 4-man reconciliation committee to take over negotiation with the Federal Ministry of Health. The four-man committee included Grp. Capt. Isaac Madaki (Rtd) and Mr. Sam Yuwa (representatives of NDA/IDN) and Prof. E. K. Ngwu and Mrs. Ezeokoye Patience as representatives of DAN. As laudable as the idea of the reconciliation was, the DAN group frustrated it in 2012 when they decided to disengage from the parley.

Sensing the likelihood of the collapse of the Federal Ministry of Health powered reconciliation committee, a leader of the dietetic professional body and the most senior active past president of the body, Mr. Sam Yuwa, took it upon himself and to convey a reconciliation meeting between the representatives of the two factional bodies. The factions agreed to send three delegates each to the meeting.

On the meeting date, 26th February, 2011, Mrs. Omoise Enabulele, Mrs. Sarah Abagai and Tajudeen Olutope Ahmed represented NDA/IDN while Dr. (Mrs.) Elizabeth Ngwu (now Professor) and Com. Joshua Ugwu Chijioke represented DAN. The 3rd delegate of DAN was said to be unavoidably absent. The parley came up with an agreeable way forward which included the unconditional stepping aside of Prof. Chibuzo and Dr. Chika Ndiokwelu

from the leadership of NDA/IDN and DAN respectively. It also included the need to convey the congress of the two bodies to brief them about the agreed way forward.

Again, as commendable as the efforts of Sam Yuwa and his co-travelers were; the way forward proposed by them could not see the light of the day because the proposal was said not to be agreeable to the congress of DAN. This development left the crisis festering until NUAHP waded in again in 2013.

At a well attended meeting of the two factional dietetics bodies, held on 11th April, 2013 at Jeparo Hotel, Gwagwalada, Abuja at the instance of NUAHP, the labour union was able to resolve all lingering issues between the two bodies and the parties agreed with the mediator that a formal and lasting reconciliation will take place later in the year at a Unity Conference to be held at Ile-Ife.

For the purpose of clarity, the dietetic bodies resolved the following with NUAHP at the meeting:

- a. The two factions realized and supported the need to merge into one formidable Association.
- b. The Association should pick a new name from the two proposed as it shall be ratified by the general house at the AGM. The names are;
 - i. Association of Dietitians of Nigeria (AND) and
 - ii. Association of Dietitians in Nigeria (AND)
- c. A joint AGM/Science conference is slated for 4th to 7th September, 2013 at the OAUTHC, Ile-Ife, Nigeria.
- d. An electoral Committee of 6 persons, 3 from each group was formed. It is to work with the four-man committee as inaugurated by FMOH and in conjunction with NUAHP National Secretariat for safe midwifery of the new executives.
- e. An education committee was formed, they are to

conduct the TOPC exams on the 4th of September, 2013 and successful candidates are to be sworn in on the 5th of September, 2013 during the opening ceremony.

- f. It was also agreed that in line with international best practice and national requirement that the minimum requirement to practice Dietetics should be B.Sc. in Nutrition and Dietetics and the compulsory one year internship. However, those with HND qualifications that have been recognized as Dietitians before the new scheme of service shall be recognized as such but were encouraged to upgrade to B.Sc. status not later than 5 years from now, i.e. not later than 2018
- g. That the 4-man committee should liaise with the electoral committee and NUAHP secretariat as well as the immediate past presidents of the Associations to midwife the new executives at the AGM
- h. It was resolved that anyone who would take up principal post should possess a minimum of B. Sc. in Nutrition and Dietetics and must have done the 1 year internship program with relevant years of experience.
- i. All members of the professional body should pay up their dues on or before 20th June, 2013.

NUAHP was determined and resolute in ensuring that life was breath to the resolutions of the two bodies at her April 11th 2013 meeting. In the process, the foremost labour union ensured the convocation of Ile-Ife Joint Conference as planned. Interestingly, members of the two bodies, i.e. NDA/IDN and DAN attended the conference in large numbers.

At the eve of the conference, the leaders of the two bodies met with the leadership of NUAHP to deliberate and decide on the form and formular of the proposed unification

especially on the constitution of Executive Council members. At the caucus meeting, the leaders of NDA/IDN agreed to concede the president of the new association to DAN even when DAN was the smaller group. In the process, the executive positions were shared as follows: DAN: President, Assistant General Secretary; Treasurer; PROII; Auditor; and Ex-officio, NDA/IDN: Vice President I; Vice President II; General Secretary; Financial Secretary, PROI and Ex Officio.

On the day of the conference, the congress considered the proposed names of the new Association. The consideration was between "*Association of Dietitians of Nigeria*" and "*Association of Dietitians in Nigeria*". The two names were subjected into voting and the congress voted "*Association of Dietitians in Nigeria (ADN)*" as the preferred name: the name was there and then adopted as Association of Dietitians in Nigeria. The adoption of the new name was said to have ended the two factions and that DAN and NDA/IDN were said to have ceased to exist.

Even when the news of the emergence of the new association erupted joy among members, it was worrisome to observe that the DAN faction staged a walk out from the meeting and they were led by their leader, Dr. Chika Ndiokwelu. At first, the meeting was ignorant of the reason and essence of the walk out exhibited by DAN members until one Mr. Okpara, a dietitian with the General Hospital, Onitsha, picked the micro phone to announce that the position of DAN members is the retention of their name, i.e. Dietitians Association of Nigeria (DAN) or nothing.

At this stage, one of the DAN leaders Prof. E.K. Ngwu who is also a presidential aspirant, was asked to talk to the

DAN members and the meeting was suspended for about an hour. Upon the reconvening of the meeting, the groups were requested to come up with their nominees for the agreed positions. NDA/IDN submitted the following as her nominees: Abdulkadir Abdulhadi (Vice President I); Dr. G. T. Fadupin (Vice President II); Tajudeen Olutope Ahmed (Secretary); Hajia Hauwa Suleman (Financial Secretary); Olusola Malomo (PROI); Mrs. Sarah Abagai (Ex-Officio). In the case of DAN, Prof. E. K. Ngwu who had indicated her intention to contest was declared president unopposed. The swearing in was immediately carried out by the NUAHP leadership and the vacant positions that were not filled was agreed to be fill as soon as DAN send names of their nominees.

NUAHP was determined to nurse the new association of dietitians, which she midwifed, into maturity. In the process, the union requested for the conduct of executive meeting of ADN few months after the Ile-Ife historical conference. While the members of NDA/IDN in the new association expressed their readiness to attend the executive meeting; the President, Prof. E. K. Ngwu declined attendance of the meeting. In her reply to the letter of invitation from Com. Faniran, the president of NUAHP, she stated, among others, as follows:

“NUAHP, came into our crisis and failed to unite us. You and your members did not allow a democratic process play out in Ile-Ife meeting. You unilaterally decided that DAN should not be included in the names to be voted for. Your pronouncement that DAN should not be among the names to be voted for as requested by DAN members and that you were not intimidated by the crowd without reference to the general house precipitated the mass exodus of DAN members from the hall.

Finally, Dietitians in Nigeria would want to have a situation where they are allowed to sort themselves out amicably and will certainly not tolerate an outside body attempting to coerce them into a union or an association that will not live up to expectation. Let me further state that your union (NUAHP), does not in my well considered view have the authority to inaugurate any professional body or even dictate dates and venues for meetings of professional bodies unless it is asked to do so”.

Notwithstanding the refusal and failure of DAN to be part of the new association, members of the NDA/IDN group religiously keyed into the new professional body and they regarded Prof. Ngwu as the president even when she refused to identify with the Association. Dr. (Mrs.) Grace Fadupin acted for the president of ADN for one full year until members of NDA/IDN resolved to abandon ADN for their registered name, IDN. This is more so that ADN was designed to be a union of two bodies and all along the fold has been occupied by only one out of the two bodies.

The refusal of DAN to come on board the ADN platform frustrated the efforts of NUAHP and put an end to the unification dreams of the dietitian's bodies.

Another opportunity to reconcile DAN and IDN presented herself in 2016 when DAN surreptitiously smuggled a bill for the regulation of Dietetics profession to the National Assembly. The contents and composition of the bill did not represent the interest of the entire dietitians in Nigeria. It was only out to project DAN's objective and the whims of the leadership of DAN.

Even when the news of the bill got to the leadership of NDA/IDN when the bill was proposed for a second

reading at the National Assembly; arrangements were made to draw the attention of relevant authorities to the noticeable flaws in the bill. This development culminated in series of meetings with the sponsor of the bill, Hon. Olusegun Odebunmi Dokun by both members of NDA/IDN and DAN. Since the bill cannot see the light of the day without the two groups agreeing to work together, the need to float one united body of dietitians came into fore again. At the instance of Hon. Dokun, the two groups agreed and resolved to co-exist under one association to be known and called “Association of Nigerian Dietitians (AND)”. As such AND was sired in 2016.

The introduction to the joint memorandum dated 3rd November 2016 presented by IDN and DAN to the Committee on Health Institutions, House of Representatives at the National Assembly on the Dietitians Council of Nigeria Bill, 2016 reconciliation processes which gave birth to AND,

In clear terms, the introduction reads thus:

“After the second reading of the Dietitians Council of Nigeria, the Institute for Dietetics of Nigeria made written objections to some sections of the bill. Consequent upon that, the sponsor of the bill, Hon. Olusegun Odebunmi convened a meeting to address the issues that were raised in the written submission.

As a result of the petition and the need to have a united body of Dietitians in Nigeria, the sponsor of the bill, Hon. Odebunmi Olusegun caused a parley between the two Dietitians' bodies on the 26th October, 2016. At the parley, the bill was dispassionately considered and the perceived flaws in the bill were reviewed. The Hon. Odebunmi Olusegun facilitated meeting also saw to the end of the dichotomy in the professional body of Dietitians as the two bodies (IDN and DAN) agreed to end their differences, collapse their respective platforms and exist together in one

fold. There and then the name of Association of Nigerian Dietitians (AND) was agreed upon as the new name and platform for all the Dietitians in Nigeria”.

Again, the peace loving leaders of NDA/IDN conceded the president of the new association to DAN not minding the fact that the association was a regional one with smaller subscribers. As such, on the 2nd February 2017 when the Executive Council of the Association of Nigeria Dietitians (AND) was constituted, the following individuals emerged as the members of the Executive Council; Professor E. K. Ngwu (President) DAN; Dr. Grace Fadupin (Vice President South) IDN; Mrs. Sarah Abagai (Vice President North) IDN; Tajudeen Olutope Ahmed (Secretary) IDN; Mrs. Nelly Akuchie (Treasurer) DAN; Mrs. Titilope O. Rotimi (PROII) DAN; Mr. Akinola Lukman Olalekan (PROI) IDN; Mr. Ogbuigwe Emmanuel (Assistant Secretary) DAN; Mr. Sam Yuwa (Rex-Officio) IDN; and Dr. Chika Ndiokwelu (Ex-Officio) DAN.

The association was growing inspite of challenges which include underneath projection of DAN by the President, Prof. Ngwu and other DAN members on the Council. In 2018, the new association held a successful Unity Conference at Abuja. Even when the conference was applauded by all and sundry, it ended up becoming the basis of the collapse of the new association.

The Council of AND observed that there was no proper record of monies realized at the conference and all efforts made to invite Mrs. Nelly Akuchie to the post conference briefing did not yielded fruits. In the process, Council resolved that letters should be written to Mrs. Akuchie, the treasurer who was in charge of the registration fees and Mrs. Sarah Abagai, who was the chairperson of the LOC to come forth with comprehensive details regarding

the conference funds.

Even when they were given two weeks to submit their responses in writing, the treasurer of the Association refused, and failed to write any response till this day. The only written response that was submitted to the Council was that of Mrs. Sarah Abagai.

The action of Mrs. Akuchie deprived the association from having proper record of the Conference Funds till today. The President of the association who ought to chastise Mrs. Akuchie for treating the Council with contempt was busy advocating in her defence. It soon became clear to all and sundry that President Ngwu will never see evil or say evil of any DAN member regardless of the degree of infraction committed by such a member.

As soon as the new association was floated, the Council agreed that the registration of the new body must be effected with the Corporate Affairs Commission (CAC) without much ado. In the process, there was need for the vitiation of the registration status of DAN and IDN with CAC so as to give room for the registration of the new association. Each time a move was made towards the registration, the President will come up with one excuse or the other. The matter reached a crescendo when the Council resolved that the registration of the new association must be effected before the proposed 2019 conference scheduled for Enugu.

In spite of the President's failure to galvanise the registration process of the association, she was busy planning for Enugu Conference. The NDA/IDN group of the association drew her attention to the development in a letter and gave notice of her readiness to boycott Enugu Conference in line with the resolution of the Council if the

association's registration with CAC was not effected. Rather than acting swift to the letter, the President decided to ignore it and went ahead with the organization of Enugu conference alongside with her DAN group. The insensitivity displayed by the President was occasioned by the resolve of DAN group to hold on to the preservation of her name–DAN. It was therefore a deliberate attempt at frustrating the unification. Prof. Ngwu had the opportunity of leading the entire body of Nigerian dietitians but her penchant for the promotion of her ethnic driven association (DAN) deprived her of the rare privilege.

Upon the boycott of Enugu conference, NDA/IDN group called a meeting at Ibadan and brainstormed on the way forward. The congress of IDN resolved that there was enough of negotiations with an unwilling party whose major resolve was the preservation of her illegitimate registration status with CAC. The congress further noted that IDN has sacrificed so much, towards the so called reconciliation with the secessionists. The congress noted that while IDN was out for genuine reconciliation, DAN has never wanted any reconciliation. In the process, it was resolved that IDN should henceforth remain focused and undistracted. However, the congress did not foreclose possibility of future reconciliation but it agreed that such a move should come from DAN if indeed she is really convinced about reconciling with her parent body.

CHAPTER SEVEN

PROFILE OF DISTINGUISHED DIETITIANS PART A: FELLOWS OF THE INSTITUTE

MRS. ELIZABETH OLUGBOLAGUN PALMER

Mrs. Elizabeth Olugbolagun Palmer is one of the pioneers, one of the best-trained and experienced nutritionist-Dietitian in Nigeria. She was the President of the Nigeria Dietetic Association in 1974 and also in the 80s. She was trained as a dietitian in a leading Institution in United Kingdom (St. Mary's College Dublin Ireland from 1959-1963). She was the first head of Dietetics Department, UCH Ibadan and retired as the Chief Dietitian of the Department in June, 1986.



Mrs. Elizabeth Olugbolagun Palmer was born at Idumagbo Area of Lagos Island on 12th July, 1935 to the family of Mr. Samuel Taiwo Akinbode and Mrs. Victoria Iyadunni Akinbode.

She attended Holy Trinity Anglican Primary School Ebute-Ero from 1942-1949 and Reagan Memorial Baptist Girls School Yaba Lagos in 1950.

Mrs. Palmer attended Baptist Girls High School Agbor in Former Bendel State from 1951-1956 for her secondary education.

Mrs. Palmer attended St. Mary's College Dublin Ireland from 1959 to 1963. She did a certificate course at the London School of Hygiene and Tropical Medicine in 1963.

Her Internship as a Dietician was done at University College Hospital Gower Street London. She was employed as a Locum Dietician at Guys Hospital London from August to September 1963.

Mrs. Palmer returned to the University College Hospital Ibadan (UCH) on 26th September, 1963 and assumed duty on October 7th, 1963 as a Dietician under the Catering Department. Later on, after a long struggle, the Dietetic Department become a separate entity from the Catering Department.

During her tenure as the Head of the Department, she went on a study leave visiting various Hospitals in USA and Canada. Some of the Hospitals visited were; National Hospital Washington DC and Children's Hospital Washington DC in USA.

Mrs. Palmer also visited Toronto General Hospital and Montreal Hospital in Canada. Furthermore, she participated in International Conferences on Dietetics in Brazil in 1980 and International Dietetics Conference in San Diego California USA in 1981. She also participated in some of the Local Nutrition Dietetics conferences in Nigeria of which she was a rapporteur in some and a participant in others.

In addition, she was an Associate Lecturer in Department of Human Nutrition University of Ibadan from 1972-1986. she also taught Medical students, Nurses and other groups interested in Dietetics.

She is a Member of the Lions Club International (Hilltop Local Club Ibadan Nigeria) and served in various capacities such as; Financial Secretary, Treasurer, President and Zonal Chairman respectively. She is also the present President of the Egba Ladies Club.

Her hobbies are: Reading, Adventure, Dancing and Funfair with children.

She is a Member of the Baptist Denomination and have served in various positions such as Sunday School Teacher, President of the Women group even as a Deaconess.

PROF TOLA ATINMO

Professor Tola Atinmo is a Professor of Human Nutrition. He attended King's College, Lagos, the University of Ibadan and Cornell University, Ithaca, New York, where he obtained his PhD in Nutrition. He was employed as a Lecturer at the University of Ibadan and became a full Professor of Human Nutrition in October 1985.



He was the Head of Department of Human Nutrition, University of Ibadan at various times between 1986 and 2007.

- § He was at various times the Secretary, Editor-in-Chief, Vice-President and President of the Nutrition Society of Nigeria between 1976 and 1990. He is currently a Trustee and Life Member of the Society.
- § He was a member of the Executive Council of the International Union of Nutritional Sciences (IUNS) between 2001 and 2005
- § He was the Foundation President of the Federation of African Nutrition Societies (FANUS) from 2002 till 2011
- § Prof Atinmo was honoured in 1991 as the first Patron of the Nigerian Dietetic Association, the forerunner of the Institute for Dietetics in Nigeria.
- § He was honoured as a Life Member of the Ghana Nutrition Association in 2006
- § He was also honoured by the Cameroon Nutrition Society

in 2009.

Prof Atinmo has served as a Consultant to many national and international organizations and governments.

- § He was a Consultant to the Government of Rwanda on Food and Nutrition Policy, Planning and Programme Implementation in 2003,
- § He was a member of the Advisory Board of the Beverage Institute for Health and Wellness established by CocaCola International in Atlanta, USA in 2003-2011
- § He was a member of the Advisory Panel of the World Cancer Research Fund (WCRF) and the American Institute of Cancer Research (AICR) in Washington DC, 2002 - 2007 that produced the publication on *“Food, Nutrition, Physical Activity and the Prevention of Cancer: A Global Perspective”*.

Prof Atinmo was a Consultant for:

- § FAO/WHO/UNU on Human Energy and Protein Requirements (1980-1991)
- § WORLD BANK on Strategy for Food and Nutrition Security for Nigeria (1988 - 1990)
- § UNICEF on Household Food Security and Nutrition (1990 - 1993)
- § USAID Project on Nigeria National Micronutrient Deficiency Prevalence Assessment (1992-96) (Principal Investigator)
- § USAID/WINS Project on Infant Weaning Foods in Nigeria (1992 - 2009)
- § USAID/MACRO/DHS Project on Nutrition and Health Status of Young Children in Nigeria (1992 - 2009)

Prof Atinmo was the:

- § Chairman, National Committee on Food and Nutrition (NCFN), Federal Ministry of Science and Technology (1990 - 1991).
- § Chairman, National Advisory Committee on Vitamin A Deficiency Control, Federal Ministry of Health (1994).
- § Principal Investigator of the Nigeria National Micronutrient Survey funded by USAID (1994).
- § Consultant recruited by the National Planning

- Commission, Ministry of National Planning to draft the First National Food and Nutrition Policy (1995).
- § Convener, Retreat on the Child Nutrition Situation in Nigeria (February 2007). The Retreat was chaired by the then President of the Federal Republic of Nigeria, President Olusegun Obasanjo GCFR. The Retreat spawned the creation of a National Council on Nutrition (NCN) in 2017.
 - § Co-Chairman for the Nigeria Academy of Science Workshop on Agriculture for Improved Nutrition of Women and Children in Nigeria (2010)
 - § Principal Investigator of the World Bank/STEP B grant on the establishment of a Center for Biotechnology and Genetic Engineering at the Institute for Advanced Medical Research and Training at the University of Ibadan (2010-2015).
 - § Principal Investigator of the African Nutrition Initiative, a research project funded by the Friesland-Campina Plc., Netherlands (2016-2017).

Professor Atinmo is a:

- § Fellow of Institute for Dietetics in Nigeria (FIDN),
- § Fellow of the Nigeria Academy of Science (FAS),
- § Fellow of the Nutrition Society of Nigeria,
- § Fellow of the International Academy of Food Science and Technology (IAFoST),
- § Fellow of the International Union of Nutritional Sciences (IUNS)
- § He is the Director of Nutrition at the Nigerian Heart Foundation (NHF).

Prof Atinmo recently led a team that implemented the Nestle Global Healthy Kids Programme (a nutrition education project) in four States of Nigeria.

PROF. BABATUNDE OGUNTONA

Prof. Babatunde Oguntona is a professor of repute and he is the first professor of Animal Nutrition at the University of Agriculture, Abeokuta.



He obtained his Bachelor's degree from University of Ibadan, Nigeria between 1967 and 1970 and his Master's degree from Queen Elizabeth College, University of London from 1971 to 1972. He bagged his Ph.D from the School of Agriculture, University of Nottingham, Sulton, Remington, United Kingdom from 1973 to 1977.

His working experience ranges from being a Technical Assistant at Analytical Laboratory of the Institute of Industrial Research, Oshodi, Lagos from 1966 to 1967, Agricultural Science teacher, Ipetu-Ijesha Grammar School from 1970 to 1971 to being university don at the University of Maiduguri, Borno State and University of Agriculture, Abeokuta respectively. Prof. Oguntona has occupied quite a number of positions of responsibility within the Nutrition and Dietetics setting from 1980 to 1986. He was the Secretary, Maiduguri Nutrition Association; Consultant Community Food and Agricultural Organisation 1983-1985; Consultant health service research project in Nigeria, United Nations/World Health Organisation from 1989 to 1991; Chairman Presidential Task Force on special grants 1990-1991 and Chairman Association of Deans of Agriculture in Nigeria universities.

He was external examiner to a lot of institutions including Borno College of Agriculture, Ramat Polytechnic, Maiduguri and Department of Animal Science and Human Nutrition, University of Ibadan.

Prof. Oguntona has published quite a number of scholarly papers in journals of international repute. He has also written series of books and contribute chapters to lots of other books. He has served on several committees and programs of international status. He is member of so many associations both locally and internationally including Nutrition Society of Nigeria (NSN) since 1978, Nigerian Institute of Food Science and Technology since 1980, Nigerian Society of Animal Production since 1980, Poultry Association of Nigeria, since 1984, Agricultural Society of Nigeria, since 1972 among others.

He is not only a member of the Institute for Dietetics in Nigeria (IDN), he is one of the three Directors of the Institute. The registration of the Institute with the Corporate Affairs Commission (CAC) was facilitated by the Directors which includes Prof. Elizabeth Chibuzo and Prof. Tola Atinmo.

Prof. Oguntona is a Fellow of the Institute for Dietetics in Nigeria (IDN). He is also a Fellow of several other associations in Nigeria and overseas. A multiple award winner, Prof. Oguntona is a member of Club 5762 Afrograms of Abeokuta and his hobbies include gardening and reading.

PROFESSOR OLUREMI OLUFUNKE KESHINRO

Professor Oluremi Olufunke Keshinro HND (Leeds), M.Sc. (Lond.) PhD (Ibadan). Professor (Chief) Oluremi Olufunke Keshinro (Nee Akin-Deko) was born into the illustrious family of High Chief Gabriel Akin-Deko, the Lisa of Idanre Kingdom and Madam Gbeminiyi Ogunfowora nearly 80 years ago. Professor Keshinro had her primary and secondary education at Ibadan Municipal Government (IMG) primary School. She proceeded for her secondary



education at the notable St Margaret School, Ilesha. Prof. Keshinro proceeded to Britain for further education in 1963.

She attended Bath Technical College, Somerset England for a Certificate course in Large Scale Catering and Institutional Management. Concurrently she was studying for her A' Level certificate. She proceeded to Leeds College of Technology in Yorkshire, England for an advanced diploma in Nutrition and Dietetics. She was interned at the Welsh Group of Hospitals in Cardiff Wales. She worked briefly at the London School of Hygiene and Tropical Medicine. In 1968, she was a recipient of prestige course for limited numbers of students mainly for Africans hosted by the University of Ibadan earning a Certificate in Food Science and Applied Nutrition. It was a Fellowship award course which was jointly sponsored by WHO, FAO and UNICEF. She worked briefly with the Ministry of Education - 1968/1969 at the Curriculum evaluation department till 1972.

Prof. Keshinro returned to Britain in 1972 for a M.Sc. degree in Nutrition and Dietetics at the Queen Elizabeth College of the University of London. She returned to Nigeria to join the University of Ibadan as an Assistant Lecturer in the Department of Food Science and Applied Nutrition which later transformed into Department of Human Nutrition offering degree courses in Nutrition.

During her assistant lectureship, Prof. Keshinro began her PhD program which she completed in 1980 making her the first PhD product of the Department of Human Nutrition. She was awarded two Post-doctoral fellowship by the Commonwealth. The first was in 1980 which took her to laboratory of Government Chemist, Waterloo London, England. She performed excellently well and her period of one year was extended. At the end, she secured some brand-new laboratory equipment such as incubators, waterbath, etc for the department, and were grated, shipped and delivered to the department at the expense of the Commonwealth. The second Post-doctoral fellowship award was in 1992 which was spent

at the Institute of Child Health, Great Ormond Street Hospital, University of London, England.

Professor Keshinor is a member of the Nigerian Institute of Dietetics, International Dietetics Association, International Diabetic Association, member of the Inter-African Committee (IAC) on Traditional Practices affecting Women and Children in Africa, member of African Gerontology Society (AGES), etc. She was honoured with the prestigious title of Fellow of Institute for Dietetics in Nigeria (FIDN) by the Nigerian Dietetics Association. Professor Keshinro has got up to 72 publications, 20 technical reports and one chapter in the book of vitamins as at 2019. She had attended several workshops and conferences in various parts of the world such as Sao Paulo, Caraccas, Toronto, severally in Britain, Germany, France, Beijing, Jerusalem, etc. She taught for 34 years at University levels, supervising hundreds of undergraduate and postgraduate students including several M.Sc, MPH, MPhil., and PhD students until she retired in 2008.

During the military regime, she was appointed Commissioner in her state of origin (Ondo State) in charge of Information, Youth, Sports and Culture (1993-1995) and also the Ministry of Trade, Industry and Tourism (1995-1997) under two military Governors i.e Brigadiers Usman and Onyearugbulem gaining quite an experience in administration.

Professor Keshinro bagged two chieftaincy titles. The first is the JISANBOKUN of Idanreland, in Ondo State and secondly-the Yeyelua of Erijiyan Ekiti, in Ekiti State. Professor Keshinro is happily married with children and grandchildren.

SAMUEL TERTSEGHA YUWA

Sam Yuwa was born on the 30th January 1954 in Gboko, Benue State. His voyage to the Profession of Nutrition and Dietetics started at the College of Science and Technology, Kaduna Polytechnic in 1973 when he secured

admission to study Nutrition and Dietetics at National Diploma level. He later graduated from the school in 1978 as a holder of Higher National Diploma in Nutrition and Dietetics



Sam Yuwa, who later bagged Post Graduate Diploma in Nutrition (1986) and another Post Graduate Diploma in Management (1993); also had Masters Degree in Business Administration and Management (1993) and in Food Science and Technology (2005). His quest for Post Graduate Studies took him through the following citadel of learning: University of Milan, Italy; Benue State University Markurdi; and University of Agriculture Markurdi.

As a nutrition educator especially as a diabetes counsellor, he attended Micheal Institute for Health, Toronto, Canada where he bagged a Post Graduate Diploma Certificate in Diabetes education (2016).

Mr. Sam Yuwa started his working career with the former Gongola State Ministry of Health where he worked as a Nutrition Officer from 1978 to 1979 during his National Service with the National Youth Service Corps (NYSC). He later worked with the Benue State Ministry of Health as a Nutrition Officer from 1979 to 1983. He changed his appointment to that of a clinician when he transferred his services from the Ministry of Health to the Hospitals Management Board of Benue State in 1983 where he worked as a dietitian until 1995 when he joined the employment of Federal Medical Centre, Markurdi as a Chief Nutritionist–Dietitian. He left the services of FMC Markurdi in 2008 as an Assistant Director to join the employment of National Institute for Policy and Strategic Studies (NIPSS) Kuru as a Deputy Director of Dietetics.

While in NIPSS, Kuru; he was able to make some significant

marks in the field of Dietetics. Apart from combining clinical practice with research, he brought on board series of innovations to food service and diet therapeutic practice in the organization. His astuteness and devotion enabled him to rise to the pinnacle of his career as a Director of Dietetics, the position he occupied until his retirement in 2018. He was a Fellow of the Food and Nutrition Security of the Institute and he was made a Director/Consultant of the Food and Nutrition Security Trust of NIPSS in 2018, the position he is still holding till date.

Mr. Yuwa is highly experienced in the field of dietetics. He possess deep knowledge in different aspects of the profession by virtue of his wide studies. His ever yearning for knowledge in the field of nutrition and dietetics led him to obtain certificate in the Assessment of Nutritional status from Milan, Italy in 1995; Certificate in Critical Care Nutrition from Paris–France in 2002; and Certificate in the Evaluation of Obesity from the International Association for the Study of Obesity, Amsterdam, Netherlands in 2009.

He is a consultant of repute in the field nutrition and dietetics. His consultancy services have been offered to quite a lot of organizations and departments including the following: UNICEF (Guidelines for Child Feeding in Nigeria) 2015; UNICEF/Federal Ministry of Health (Child Feeding in HIV/AIDS) 2016; Partner for Development (Washington Based NGO) in Nigeria and Cambodia, 2005 – 2007; Federal Ministry of Education on National School Feeding and Health Programme, 2008; Technoserve Bill and Melinda Gates Foundation (Food Security Policy), 2017 – 2018.

Sam Yuwa is a leading member of the Institute for Dietetics in Nigeria (IDN) and he served as her National President (Nigerian Dietetics Association, NDA) from 1997–2004. Apart from the fact that he had earlier served as a Council member of NDA in 1983 before his emergence as her president in 1997; Yuwa is presently on the Council of the Institute for Dietetics in Nigeria IDN since 2016.

He also belonged to other professional associations such as Nutrition Society of Nigeria and Institute of Food Science and Technology. He is a member of the Institute of Management (MNIM); life member, International Diabetes Federation; member, European Association for the Study of Obesity (MEASO).

As a ranking member of the Institute for Dietetics in Nigeria (IDN), Sam Yuwa is a Fellow of the Institute. He is also a Fellow of the Nutrition Society of Nigeria (FNSN). He is happily married to Franca Yuwa, a judge of the Benue State Judiciary and the marriage is blessed with a son.

GROUP CAPTAIN ISAAC MADAKI (RTD)

Grp. Cpt. Isaac Madaki studied at Kaduna Polytechnic for Diploma in Catering Studies from 1975 to 1978 and later for the Higher National Diploma in Nutrition and Dietetics in 1978 to 1980. He later obtained a Master's degree in Food Science and Technology from Enugu State University of Science and Technology, Enugu from 1997 to 1998.



He started his working career as an academic with College of Agriculture, Lafia, Nasarawa State from 1981 to 1982 during which he lectured Food and Nutrition. He later joined the Nigerian Airforce in March 1983 as a Commanding Officer/Head of Dietetics of Nigerian Airforce hospitals until December 2009. While in the Nigerian Airforce, he rose to the status of a Deputy Director of the Directorate of Medical Services Headquarters between January 2004 and June 2006 during which he successfully administered and managed the affairs of professions that are allied to medicine in the Nigerian

Airforce.

He later established Isaac-Mayen Services Company Limited where he is currently a director. Through his company, he has been able to establish and develop chains of businesses as well as provide consultancy services for a group of companies. He has also supervised team of entrepreneurs, experts and others that are providing services to millions of Nigerians and other nationals.

An accomplished professional and philanthropist, Grp. Capt. Madaki is a team player and personnel developer of repute. He is a dietary expert and trainer and also an excellent administrator, mentor, facilitator, coach and problem solver.

A fervent Christian whose devotion and service to christianity is legendary, Grp. Capt. Madaki has been active in the service of the vineyard since his youthful days. While serving as a member of the National Youth Service Corps (NYSC) from July 1980 to August 1981. He was the travelling and training Secretary of the Nigerian Fellowship of Evangelical Students (NIFES).

As a military personnel, Grp. Capt. Madaki was well decorated. He was decorated with Forces Service Star (FSS), Meritorious Service Star (MSS) and the Distinguished Service Star (DSS). He has also received several other awards and honours including the Fellowship award of the Institute for Dietetics in Nigeria (IDN).

His contributions to IDN are immense. This facilitated his becoming the president of the professional body in 2005. As the president, he was able to cause a lot of reforms in the association. His novel ideas also added value to the Nigerian Dietetic Association (as it was then). His presidency years (2005 to 2008) was regarded as one of the golden eras of the dietetics professional body in Nigeria.

Grp. Capt. Madaki served as a board member at the Federal

Medical Centre, Nguru, Yobe State from 2009-2011. He has also served as consultant on Nutrition and Dietetics and as resource person to health and exercise organisations and facilities. His hobbies are travelling and playing tennis.

Apart from his membership of the Institute for Dietetics in Nigeria (formerly Nigerian Dietetic Association, NDA), he is also a member of the Nutrition Society of Nigeria (NSN) and Nigerian Institute of Food Science and Technology (NIFST).

PROF. ELIZABETH CHINYERE (ONWU) CHIBUZO

Prof. Elizabeth Chibuzo was born in Lokoja, Kogi State to Igbo speaking parents. The American trained nutritionist and dietitian obtained her Bachelor's degree in nutritional sciences from Tuskegee University, United States of America (USA) from 1972 to 1975. It is worthy of emphasis that she graduated with the highest honours from the American university on a CGPA of 3.66/4 points.



She later studied for her Master of Science Degree from 1977 to 1979 in International Nutrition from Cornell University, Ithaca, USA before obtaining Ph.D in 1998 at the University of Ibadan, Ibadan. Her Ph.D thesis on the Role of Diet in the Associated Risk for Non-Insulin Dependent Diabetes Mellitus (NIDDM) in Borno State of Nigeria remains a classic contribution to the diet therapeutic management of diabetes in Nigeria.

Upon her completion of Master's degree, she became a registered member of the American Dietetic Association in 1981 after her successful outcome in the qualifying examinations during which she scored 194 out of a total of 250

points.

Prof. Chibuzo participated in the compulsory national youth service corps (NYSC) from 1983 to 1984 during which she served as a corps member with the Nutrition and Dietetics Department of Ramat Polytechnic, Maiduguri as a lecturer. She was however retained as a staff of the department on the completion of her youth service programme. She lectured in Ramat Polytechnic Maiduguri until 1988 when she transferred her services to the University of Maiduguri, Borno state.

While in Ramat Polytechnic she held a lot of positions of responsibility including acting Head of Department of Food Science and Catering Studies; Member of Academic Board, Female Hall Adviser; among others.

At the University of Maiduguri, she rose from the position of Lecturer II to that of a Professor. Her major teaching areas includes human nutrition, food analysis, nutrition and dietetics. Her students includes Food Science and Technology Students, Medical Students and Nursing students.

She started her working career in 1976 at the United States of America as an Instructor at Southern Vocational College, Tuskegee Alabama, USA where she taught Nutrition, Anatomy and Physiology and Mathematics to nursing students and students in other health profession. She later worked as a graduate assistant in Community Nutrition at Cornell University, Ithaca, New York in 1978.

She also worked as a Public Health Nutritionist from 1980 to 1982 at the office of International Health, Tuskegee University Alabama, USA where she invariably resigned and returned to Nigeria.

She held several positions of responsibility at the University of Maiduguri including that of the Coordinator Departmental Postgraduate School Studies. She has been External

Examiner at the Nutrition and Dietetics Department of Ramat Polytechnic (1989-1992) and (1998 to 2001). Member of National University Commission (NUC) resource verification team to Faculty of Engineering Abraka State University in 2017; and member of NUC accreditation team for the Department of Food Science and Technology, University of Agriculture Makurdi in 2010.

Prof. Chibuzo has conducted series of research work in the field of nutrition and dietetics. In 2008, she was a member of Shea Butter Research Team to some local government areas in Borno and Adamawa states. She has more than twenty (20) publications in journals and books to her credit and she has supervised over thirty (30) projects and thesis in the various aspects of Food Technology at the undergraduate and graduate levels.

Prof. Chibuzo is a multiple award winner. She bagged the Eastern Government of Nigeria scholarship award from 1964 to 1967. The home economics award for the best student from freshman through senior year at the Tuskegee University, USA in 1975; World Bank Staff Development award to University of Maiduguri staff undergoing Ph.D program in Nigeria (1993 to 1994); Katherine Wyckoff graduate award, of Cornell University, Ithaca, USA (1977-79) among others.

She was voted the best lecturer for the 1999/2000 and 2000/2001 academic year by the Nigerian Association of Food Science and Technology students (NAFST), University of Maiduguri chapter. She received the PSR magazine women of Merit Gold Award WMGA for her exemplary contribution to education in Nigeria (2006) and also the merit award for leadership as the Treasurer of Nigerian Dietetic Association (NDA) from 1997 to 2004 in 2006.

Prof. Elizabeth Chibuzo is a leading member of the Institute for Dietetics in Nigeria IDN. She has served the Institute in several capacities including being the Borno State Coordinator of the Northern chapter of the Nigerian Dietetic Association (NDA)

from 1985 to 2006; Chairman Education Committee, 1989–2004; National Treasurer, 1997–2003; President Borno State Chapter of NDA, 1997 to 2005; Vice President NDA, 2004–2008, and National President, NDA, 2008 to 2010. It is on record that Prof. Chibuzo's presidency midwifed the change of name of the professional association of Nigerian dietitians from Nigerian Dietetic Association (NDA) to Institute for Dietetics in Nigeria (IDN).

Besides, her administration was instrumental to the registration of the Institute with the Ministries of Education and Justice and Corporate Affairs Commission.

Prof. Chibuzo, a fellow of the Institute for Dietetics in Nigeria is also a member of the American Dietetic Association (ADA), USA; Nutrition Society of Nigeria (NSN) where she is currently serving as the representative of IDN at the Society's (Council) and Diabetes Association of Nigeria.

Prof. Elizabeth Chinyere Chibuzo is married to her heartthrob, late Prof. Gregory Anenonu Chibuzo and the marriage was blessed with four children, three of whom are doctors.

PROF. FADUPIN, GRACE TANIMOWO

Professor Grace T. Fadupin Ajala, was born in Mopa (Headquarter of Mopa-Muro Local Government, Kogi State) into the family of Rev. Daniel Ajala and Naomi Ajala. She attended the famous Queen Elizabeth Secondary School, Ilorin for her Secondary Education. Prof. Fadupin obtained B.Sc., M.Sc. and Ph.D. degrees in Human Nutrition with specialty in Clinical Nutrition and Diet Therapy. She is a registered dietitian with Nigerian Dietetic



Association after Internship at the University College Hospital (UCH), Ibadan in 1989. She was employed as a Dietitian for 5 years (1989-July, 1995) at the Dietetic Department, UCH before she was appointed in 1995 as a lecturer with emphasis on Clinical Nutrition and Diet Therapy at the Department of Human Nutrition (Now Department of Human Nutrition and Dietetics), University of Ibadan. Her Ph.D. research was on the Dietary Management of Chronic Renal Failure. On completion of her Ph.D. degree she got John D., and Catherine T. MacArthur Foundation Award to attend University of Sheffield Kidney Institute, United Kingdom, to be trained on the Dietary Management of Kidney diseases, Diabetes and Obesity in 2004.

Professor Fadupin has held many Nutrition and Dietetics professional appointments which are: President of the Institute for Dietetics in Nigeria and the Vice-President of the Association of Nigerian Dietitian. She was a member of the Education Committee of the Nigerian Dietetic Association (NDA) (2001-2008), and Chairperson, Education Committee of the Nigerian Dietetic Association (NDA) (2008-2012). Prof. Fadupin is a member of American Dietetic Association (2007-date), a member of Nutrition Society of Nigeria (1982-date), a member of Nutrition Society of South Africa (2007-date). She was a visiting Nutritionist/Dietitian for Renal Management–University of Sheffield Kidney Institute UK. She is a Fellow of the Institute for Dietetics in Nigeria.

Prof. Grace T. Fadupin was awarded the Best Prize Female Lecturer in Department of Human Nutrition at the 50th Anniversary of College of Medicine, University of Ibadan in 2001.

She was honoured as the Outstanding Dietitian of the year 2019 by the South-West Nigeria Health Awards in 2019. Prof. Fadupin and her Postgraduate Student won the best submitted abstract (Postgraduate) at the College Research and Innovation Management (CRIM) Unit, College of Medicine, University of Ibadan Research, 2019.

Professor Grace Tanimowo Fadupin has several local and international scholarships, fellowships and honours including John D. and Catherine T. MacArthur Staff Award Development Training 2003, and The Re-Entry award, 2006.

Professor Fadupin is an External Examiner for Post-graduate Students in Department of Nutrition and Dietetics, Federal University of Agriculture, Abeokuta, Nigeria and also for Undergraduate 400 Level Students, Department of Dietetics, University of Ghana. She was also a visiting Professor for Dietetic Unit, Food Science and Technology, Faculty of Agriculture, Bowen University, Iwo, Osun State, Nigeria, which was accredited by NUC during her Sabbatical leave in 2018/2019.

Prof. Grace T. Fadupin has served her Faculty in different capacity. She was a Sub-Dean Undergraduate for the Faculty of Public Health, College of Medicine, University of Ibadan (2007-2012) and was the Acting Head of Department of Human Nutrition, Faculty of Public Health, College of Medicine, University of Ibadan (2013 – 2015).

Professor Grace T. Fadupin has contributed to public service in many ways:

- a) She was a member of the Governing Board, Tafawa Balewa University Teaching Hospital, Bauchi, Bauchi State, Nigeria (2013-2015).
- b) She is currently:
 - i) a member of the Governing Board, University College Hospital (U.C.H), Ibadan, Nigeria (2018 to date).
 - ii) a specialist Adviser on Nutrition-Dietetic Department, University College Hospital, Ibadan, Nigeria (2016 to date).

During her tenure as the Acting Head of Department she made remarkable contribution to the advancement of the Department. In appreciation of her service, the Department awarded her with a shield, on which it is written "*In recognition*

of Meritorious Contribution to the Advancement of the Department of Human Nutrition, University of Ibadan” from all the Staff and Students dated 31st July, 2015. This was the first of its kind in the Department of Human Nutrition.

Professor Grace Tanimowo has supervised over 300 B.Sc. projects and M.Sc. dissertations and 6 PhD. thesis. She has over 65 publications to her credit in top learned journals in her discipline. She has attended, participated, delivered academic and professional papers at National and International conferences. Prof. Fadupin retired meritoriously as a Professor with specialization in Nutrition and Diet Therapy at the Department of Human Nutrition and Dietetics, College of Medicine, University of Ibadan in March, 2020.

Prof. Grace Tanimowo Fadupin is happily married to Engineer Jacob Bayo Fadupin (FNSE) former Director of Works, University of Ibadan and they are blessed with children.

MRS. THERESA D. AKPAN

Mrs. Theresa Akpan is an American Trained Dietitian and a leading member of the Institute for Dietetics in Nigeria (IDN). Her journey to the dietetics profession started in 1974 when she bagged an Associate degree in Foods and Nutrition from the Immaculata College of Washington in United States of America. She later obtained a Bachelors degree (B.Sc. Hons) in Human Nutrition and Dietetics in 1976 from Howard University, Washington D.C.



Mrs. Akpan did her compulsory one year National Youth Service Corps (NYSC) and internship at Lagos University

Teaching Hospital, Idi Araba (LUTH) from 1978 to 1979.

She started her working career with Ministry of Defence (MOD) where she was posted to Nigeria Army Reference Hospital-Yaba as the first civilian Clinical Dietitian. She became the head of the department, the position she held till 1989.

In 1990, she was posted to Military Hospital Lagos as a Principal Dietitian II. She took over from the army officer on ground as the head of the departments. She worked and retired as a Deputy Director in 2013. She was the first Dietitian in Lagos State to be promoted as a Deputy Director.

She joined Nigerian Dietetic Association in 1984 and was elected as the National Treasurer in 2008, the post she is still holding till date.

She is currently working as a locum clinical dietitian from Neuro Psychiatric hospital-Yaba.

She became actively involved in community development associations and held several posts. The community benefited from transformers, electricity poles and cables and the roads were graded.

She was awarded as a Fellow of the Institute for Dietetics in Nigeria on the 27th of July 2019.

SARAH NNAYE ABAGAI

Sarah Nnaye Abagai was born on the 8th of August, 1958 in Manchok, Kaura Local Government Area, Kaduna State. She had her primary education at ECWA Primary school, Kafanchan and went to Government Girls Secondary School, Kankiya,



katsina Province in the defunct North Central State of Nigeria. She then proceeded to study Nutrition and Dietetics at Kaduna Polytechnic where she obtained the Ordinary National Diploma in 1981 and Higher National Diploma in 1983. Thereafter, She Served in the National Youth Service Corps as a Nutrition Tutor at School of Nursing, Vom, Plateau State. Sarah Abagai also holds the International Certificate in Food Safety Management from Wageningen University, Netherlands; a Post Graduate Diploma in Health and Social Service Development from the Institute of Development Administration of Nigeria [IDAN]; and a Master of Science [MSc] Degree in Social Work with Specialization in Health Care, from Ladoke Akintola University of Technology [LAUTECH] Ogbomosho, Oyo State.

A versatile Health Care professional and multiple Award Winner with decades of a Successful career to her credit, Sarah Abagai began her career in dietetics under the Bauchi state Health Services Management Board in 1984 and later moved to college of Education, Azare as an Assistant Lecturer in 1985. In 1987, she returned to Kaduna polytechnic and took up an appointment as an Instructor of Nutrition and Dietetics. From there she moved on to Nigeria's apex hospital, the National Hospital, Abuja in year 2000 where she became the pioneer Head of the department of Dietetics and served in that capacity for 18years. She was also the Nutrition and Food Safety Consultant to Nigeria Liquefied Natural Gas [NLNG] Limited from 2010-2017.

While at the National Hospital, Sarah Abagai diligently built a cutting edge practice that positioned her department as a centre of excellence and the choice destination for standard dietetic care, Student Industrial Training and the retraining of practicing dietitians.

Sarah Abagai is a Fellow of the Institute for Dietetics in Nigeria [FIDN] and has immensely contributed to the development of the dietetics professional body in Nigeria. She has served in various capacities as follows:

1. National Secretary from 2004-2008.

2. Vice President, North from 2008-2012.
3. Acting President from 2013 - 2014.
4. Member in Council from 2016-2020.

During the period under review, she worked assiduously for the advancement of the dietetics profession in Nigeria. Notably, she was instrumental to the establishment of the department of Nutrition and Dietetics at Ahmadu Bello University Teaching Hospital Shika, Kaduna state in 2008 and was equally actively involved in the subsequent accreditation of the same department as a training center.

A mentor and leader, Sarah Abagai represents a unifying force and is convinced that, even the weak become strong when they are united. This became the guiding principle in her relationship with the body of dietitians in the Federal Capital Territory [FCT]. Consequently, under her leadership the FCT chapter of IDN was formed in 2014.

A frequent guest on Television and Radio, prolific writer and public speaker, Sarah Abagai is a notable facilitator of Nutrition Education at Executive Stress Management training series attracting participants from Ministries, Departments and Agencies; Corporate organizations and the Judiciary. In furtherance of her promotion of wholesome nutrition as the corner stone for optimum health and Longevity, She has written a book titled; Basic concepts of Healthy Nutrition, the Secret of Eating To Live; a book that lays bare the essential nutritional principles and practices that lead to the attainment and maintenance of optimum health.

Sarah Abagai retired from the civil service in 2018 but has continued to reach out to humanity through her NGO, the Global Initiative for Family Wellness. She is also the CEO at century Nutrition service Limited, Abuja.

This happy mother and grandmother, Sarah Nnaye Abagai, is an optimist and loves adventure. She is a Counselor and an Elder in the Church.

HAJIA DIJE SULE KABARA

Hajia Dije Sule Kabara is a Fellow of the Institute for Dietetics in Nigeria (IDN) and she is an officer of the Institute for many years.



Hajia Dije holds a Masters degree in Nutrition and a graduate diploma in International Child and Youth care for Development from the Virtual University Victoria, Canada. Her membership of the Institute dates back to 1982 upon the completion of her NYSC programme.

Hajia Dije has a wide working experience which includes the following:

- Group Catering Officer, Nigeria Air Force, 303 Flying Training School Kano.
- Group Catering Officer, Air Force Military School, Jos (Boys/Girls).
- Dietitian-Nutritionist, Hospitals Management Board Kano
- House keeper, Government, Kano
- Part time lecturer, at School of Hygiene Kano and Kano State University of Science and Technology, Wudil.
- Nutrition Officer, WOGEND (CBO)
- Clinical Dietitian, Bayero University Kano, Health Services
- Senior Nutrition LGA Facilitator-UNICEF Nigeria.
- Member Ministry of Health Technical Committee on New School of Nursing and Midwifery Kano.
- Team member, Ministry of Agriculture Kano State and FAO/UN Food Security and Nutrition Intervention and Assessment in Kano State 1997.
- Nutrition Officer, for Kano State Food Basket Foundation International GINA Project II 2006-8
- SASSAKAWA Global Quality Protein Maize (QPM) promotion team to Accra and Kumasi, Ghana in 2006 for

School Feeding

- WHO State facilitator, (PEP) Kano and Bauchi States.
- Facilitator Positive Deviant/Hearth Training in Nutrition and Early Child Care BASICS 11/NIG 2003.
- Consultant/Facilitator on Management of Acute Malnutrition (MAM), Severe Acute Malnutrition (SAM) revised UNICEF package and Community Management of Severe Acute Malnutrition.

As an educator per excellence, Hajia Dije is actively involved in series of nutrition education programmes on Radio and Television including community town hall awareness meetings. She is a leading team member of community Diabetes Enlightenment Campaign for Diabetes Association of Nigeria.

As a result of her astuteness in the field of Nutrition and Dietetics especially her passion for infant nutrition and wellbeing; Hajia Dije was selected as a participant by the Ministry of Education (SESP) World Bank to represent Kano State in Nigeria specific delivery of sub-saharan Africa Early Childhood Development Leadership, capacity-building and Networking program (SSA4) in Early Childhood Development Virtual University (ECDVU) SSA4 program which took her to Zanzibar and Accra, Ghana in 2012.

She has equally trained, offered training and participated in various child survival programs, infant and young child feeding and the community infant and young child feeding and dietary diversification programmes. A former member of the Food Committee of Muritala Muhammad Specialist Hospital Kano; Hajia Dije is highly instrumental in the commencement of Nutrition and Dietetics programme at Bayero University Kano.

Hajia Dije is also a member of the Nutrition Society of Nigeria (NSN), Diabetes Association of Nigeria (DAN) and Nestle Nutrition Institute Africa (NNIA); apart from being a front line member and fellow of the Institute for Dietetics in Nigeria. She is happily married and the marriage is blessed with children.

ABDULHADI ABDULKADIR

Born at Malumfashi district of Katsina State on the 20th April 1963, Mallam Abdulhadi Abdulkadir is a registered nutritionist-dietitian of repute. As a matter of fact, he is the pioneer professional dietitian in his native Katsina state.



Being a pioneer dietitian in Katsina, he has been able to initiate a lot of programmes and activities towards the propagation and advancement of dietetics profession in Katsina. It was as a result of his advocacy and pressures that dietitians were employed into all the health institutions in Katsina state. He was able to educate and sensitize the authorities on the importance of dietitians to healthcare and the difference between a dietitian and a caterer.

As the pioneer dietitian in Aminu Kano Teaching Hospital, he was able to stage 'therapeutic diet exhibition' in 2001. This created huge awareness about the importance of dietetics to healthcare workers and the entire public. As such, the management of the hospital was persuaded to approve the existence of a unit for dietetics in the hospital.

A nutrition educator and dietary counselor per excellence, Abdulhadi has delivered series of lectures and talks on the radio, television and at conferences. He has equally written quite a number of articles in reputable journals and magazines.

His working experience span through clinical practice, field work to academic. He worked as a Community Health Assistant with Katsina Local Government Service Commission from 1987 to 2001. He was enrolled as a Technical Aid Corps with Federal Ministry of Foreign Affairs from 2002 to 2004. The exercise took

him to Debub University, Awassa, Ethiopia where he worked as a capacity builder.

He later joined the services of Aminu Kano Teaching Hospital as a Senior Clinical Dietitian. Abdulhadi is an AWD nutrition consultant and a SSA consultant with UNICEF. This task has enabled him to work closely with nutrition experts across the globe in resolving wide range nutritional maladies especially as it affects children and mothers from Katsina state.

As a way of bringing up more dietitians, he joined the services of Hassan Usman Katsina Polytechnic, Katsina where he lectures at the Department of Nutrition and Dietetics. He is at the moment the Katsina State Nutrition Officer.

Malam Abdulhadi is a thorough bred nutritionist dietitian of international repute. Apart from his numerous research activities on nutrition and dietetics in Nigeria, he was involved in the research work carried out in Bangladesh (2011) on the Assessment of Caloric Intake by pregnant mothers living in slum areas of Dhaka city, Bangladesh.

Malam Abdulhadi Abdulkadir started his educational career from the School of Health Technology in Kankia, Katsina state from 1985 to 1987 where he obtained a certificate in community health practice. He later attended Katsina Polytechnic, Katsina from 1988 to 1991 for his National Diploma in Food Science, Catering and Hotel Management. In furtherance of his education, he obtained Higher National Diploma (HND) certificate in Nutrition and Dietetics in 1994 from the prestigious Kaduna Polytechnic, Kaduna. He capped his professional qualification with a Master's degree in Public Health Nutrition from Northern University, Bangladesh in 2011. It is worthy of note that Mallam Abdulhadi is a certified computer literate having obtained advance certificate in Computer Studies from Ethio Computer Training School, Awassa, Ethiopia in 2003.

Abdulhadi is a frontline member of the Institute for Dietetics in

Nigeria (IDN). He is the current Vice President (North) of the Institute and he is a Fellow of the Institute.

A family man per excellence, Abdulhadi Abdulkadir is happily married and his marriage is wonderfully blessed.

TAJUDEEN OLUTOPE AHMED

Tajudeen Olutope Ahmed hails from Ilasa Ekiti in Ekiti East Local Government of Ekiti State. He attended University of Nigeria, Nsukka between 1989 and 1993 where he obtained his Bachelor of Science degree with honours in Nutrition and Dietetics.



He started his working career in 1994 as a Nutrition Officer with the Nigerian Army Resettlement Centre, Ipaja during his one year compulsory service with the National Youth Service Corps (NYSC) in Lagos State.

He later ventured into politics and he was one of the first set of councillors to be elected upon the creation of Ekiti State in 1996. He was later appointed as a supervisory Councillor for Agriculture from 1997 to 1998. He was also appointed as a member of the Caretaker Committee of Ekiti East Local Government from 1988 to 1999 during which he served as the Vice Chairman of the Local Government and the Supervisor for Works.

Upon the advent of democracy on 29th May 1999, which ended military driven political appointments; Taju joined the services of Ramat Polytechnic, Maiduguri as a lecturer in 1999. He however left the services of Ramat Polytechnic in 2000 to join Federal Medical Centre, Owo as a clinical dietitian.

It was to his credit that the Department of Nutrition and Dietetics becomes an independent one in the hospital. As a matter of fact, he did not only sever Dietetics from the apron of Catering Department; he ensured that the affairs of the hospital caterers are being superintend over by the Dietitians.

As the pioneer qualified dietitian in the hospital, he ensured a solid foundation for dietetics as a profession and he caused a lot of awareness to the profession within and beyond the hospital community. When it was becoming difficult to satiate the palpable dearth of dietitians in the hospital and Ondo State as a whole; he put up a memo for the establishment of Dietetics Department at Rufus Giwa Polytechnic, Owo. The department of Nutrition and Dietetics was invariably established at the polytechnic sequel to his untiring efforts and that singular endeavour stood the polytechnic out as the first polytechnic in South West Nigeria to ever commence training in Nutrition and Dietetics.

As a result of his special interest in advocating citizens rights, especially, the right to food; he decided to study law at Adekunle Ajasin University, Akungba Akoko from 2000 to 2005 whence he was awarded Bachelor of Laws (LL.B) with honours. He later attended Nigerian Law School, Bagauda, Kano from 2005 to 2006. He was called to the exalted Nigerian Bar as a Barrister and Solicitor of the Supreme Court of Nigerian 2006. He later bagged Master's degree in Laws (LL.M) from Obafemi Awolowo University, Ile-Ife in 2015. He is presently on his Ph.D. in Laws at Adekunle Ajasin University, Akungba Akoko.

As a lawyer, he has enhanced the practice of Nutrition and Dietetics with his legal knowledge. He has also rendered legal services at pro bono basis to the professional body of dietitian at several instances.

A prolific writer, Taju Ahmed has written several articles on Nutrition and diet therapy. He has delivered numerous lectures at several fora. He has authoured three (03) books on

Nutrition and Appropriate dietary practice. He is a regular contribution to Nutrition programmes on the Television and Radio.

Apart from being the head of Dietetics Department of Federal Medical Centre, Owo; Mr. Taju Ahmed has occupied several positions of responsibilities in the hospital. Among such positions are his membership of Appointment, Promotion and Disciplinary (Junior Staff) Committee (2005– date); Baby Friendly Hospital Initiative (BFHI) Committee (2001–date) and membership of several adhoc committees. In 2019, the Dietetics Department under his leadership was awarded the price of being the most creative department of the hospital in the year's clinical presentations.

He is a nutrition educator per excellence and a trainer and mentor to numerous trainees, interns, youth corpsers and young dietitians that have passed through his tutelage.

He has served as a resource accreditation team member of National Board for Technical Education (NBTE) for the accreditation of Nutrition and Dietetics Departments at Moshood Abiola Polytechnic Abeokuta and Rufus Giwa Polytechnic, Owo. He has been an external examiner for National Diploma Programme in Nutrition and Dietetics, Rufus Giwa Polytechnic, Owo since 2006 till date. He is also a member of the accreditation team of the Institute for Dietetics in Nigeria (IDN) for the accreditation of Dietetics Departments at Federal Medical Centre, Abeokuta and Ahmadu Bello University Teaching Hospital, Zaria.

Tajudeen Olutope Ahmed was appointed by Ekiti State Government as a member of Ekiti State Micro Credit Agency from 2011–2015 and he is currently serving as an appointee of the President and Commander-in-Chief of the Armed Forces of Nigeria as a Board Member at the Federal Medical Centre, Ebutte Meta, Lagos since 2018.

He was the Chairman, Medical and Health Workers Union,

Federal Medical Centre, Owo from 2008 to 2012 and the Chairman Nigerian Bar Association (NBA) Owo branch from 2018 to 2020. He was appointed as a Notary Public of Nigeria by the Chief Justice of Nigeria (CJN) since 2017.

Taju Ahmed, Esq. is a front line member of the Institute for Dietetics in Nigeria (IDN) and a Fellow of the Institute (FIDN). He is also the National Secretary of the Institute since 2013 to date.

PART B:

OTHER DISTINGUISHED MEMBERS
OF THE INSTITUTE

SARAH JOHN IYAM

Mrs. Sarah John Iyam is a qualified Nutritionist-Dietitian and a member of the Institute for Dietetics in Nigeria. She is the Coordinator of the Yobe State chapter of IDN and it is to her credit that she attended the Institute's annual conferences even at the peak of Boko Haram onslaught in Yobe state.



Sarah Iyam, a devoted member of IDN; is currently the Acting Head of Department of Dietetics Department at Yobe State University Teaching Hospital Damaturu.

YUSUF SALISU KURA

Mallam Yusuf Salisu Kura hails from Kura Local Government Area of Kano, Kano State. His odyssey into the Dietetics profession started in 1987 when he obtained his National Diploma in Nutrition and Dietetics from the prestigious Kaduna Polytechnic, Kaduna.



He started his working career at the Hadejia General Hospital as Assistant Dietitian in 1989. He was later redeployed to Kano in 1991 upon the creation of Jigawa State. From 1991 to 1996, he

worked at Kura General Hospital, Kano as a Dietitian. He later transferred his services to Aminu Kano Teaching Hospital, Kano in 1996 and he has remained in the hospital till date.

As the Chief Dietitian and head of Dietetics Department, Mallam Kura dictates the tune of dietetics practice in Aminu Kano Teaching Hospital, Kano. He has in the process, train and mentor quite a number of budding dietitians who either got engaged in his department as interns or as youth corpsers. He is fondly refer to as the “father” of dietetics in Kano.

He did his internship training at the University of Nigeria Teaching Hospital Enugu State upon the completion of his Higher National Diploma Programme in 1993 and he is a registered Nutritionist–Dietitian and a leading member of the Institute for Dietetics in Nigeria (IDN). As a committed member of IDN, he has alongside other leaders been coordinating the affairs of IDN in Kano for more than a decade. It is on record that he has attended all the conferences and seminars organized by the Institute since 2013.

Mallam Yusuf Kura is also a member of Nutrition Society of Nigeria (NSN) and Diabetic Association of Nigeria (DAN).

As a leader of Dietetic profession in Kano State, he has been in the forefront of expanding the frontiers of Dietetics training in Kano State. In the process, he was involved in the creation and development of Nutrition and Dietetics courses at Bayero University, Kano; Kano State University of Science and Technology (KUST); School of Hygiene, Kano and Emirate College of Health Science and Technology (ECOSAT), Kano.

Apart from being a part–time lecturer at Aminu Kano Teaching Hospital Community Health Officers (CHO) programme and School of Hygiene Information Management (SHIM); he has served as part of NBTE resource persons for the accreditation of Nutrition and Dietetics Department of Hassan Usman Katsina Polytechnic, Katsina; School of Hygiene Kano; and

Emirate College of Health Science and Technology, Kano.

Mallam Yusuf Salisu Kura is highly passionate about Nutrition and Dietetics. He is fanatically committed to the affairs of IDN and his galvanization of the affairs of the Institute at his Kano base is second to none.

MRS. OLUBIYI DANLADI ESTHER

Mrs. Olubiyi Danladi Esther was born in Asikira/Uba Local Government of Borno State on the 27th May 1969.



She obtained her National Diploma in Nutrition and Dietetics in 1985 at Ramat Polytechnic Maiduguri and her Higher National Diploma (HND) in 1991 at Kaduna Polytechnic, Kaduna. She later obtained Post Graduate Diploma in Management (1997) at the University of Maiduguri, Borno State and another Post Graduate Diploma in Nutrition at Ahmadu Bello University Zaria in 2012.

In a bid to sharpen her practical skills in dietetics practice, Mrs. Olubiyi did her internship training at the University Teaching Hospital (UCH), Ibadan between 2004 and 2005. She was thereafter enrolled as a registered Nutritionist-Dietitian and as a member of the Institute for Dietetics in Nigeria.

Mrs. Olubiyi Danladi Esther, a woman with a heart of service and passion to raise foundation for many generations presently works with the Nutrition and Dietetics Department of Federal Medical Centre, Abeokuta, Ogun State. By God's grace, she is happily married and the union is blessed with God fearing children.

COMRADE JAMIU A. OJABELLO

Comrade Jamiu Ojabello is a Sagamu, Ogun State born Dietitian. His foray into dietetics profession started in 1988 when he enrolled for his National Diploma Programme at Kaduna Polytechnic, Kaduna. He graduated in 1993 at the polytechnic upon the completion of his Higher National Diploma programme.



During his training as a dietitian, he had the privilege of learning under the tutelage of Mrs. Sule and Mrs. Oduola at the University College Hospital (UCH) Ibadan in 1991 as an Industrial Trainee at the Dietetics Department of UCH.

He worked as a dietitian at the Specialist Hospital, Jimeta, Yola, Adamawa State between 1994 and 1995 as a youth corp member. He later joined the services of Ogun State University Teaching Hospital, Sagamu in 1998 as the first dietitian in the employment of Ogun State Government.

As a pioneer dietitian in Ogun State, it was to his credit that dietetics becomes a profession of reckoning in the State. As a matter of fact, he provided the platform with which the entire dietitians in Ogun State firmly rest on.

Comrade Jamiu A. Ojabello, an astute labour leader, is a devoted member of IDN. He is the leader of IDN in Ogun State and it was to his credit that the Institute's national conference of 2015 was successfully held at BABCOK University, Ilishan-Remo.

Comrade Ojabello attended Federal University of Agriculture (FUA), Abeokuta for his post graduate studies in Nutrition and Dietetics. He is the current chapter Chairman of the Institute

for Dietetics in Nigeria (IDN) and the Vice President of the Nutrition Society of Nigeria in Ogun State.

A family man per excellence, Comrade Ojabello is happily married and the marriage is blessed with worthwhile children.

MRS. ADEKOLUREJO ADUNNI OLUTOYIN

Mrs. Adekolurejo Adunni Olutoyin is one of the leaders of the Dietetics profession in Ondo State. As a matter of fact, she is the most senior Dietitian in the employment of Ondo State Civil Service.



Upon her completion of National Diploma in Food Science and Technology from the Federal Polytechnic, Ado Ekiti in 1988; Mrs. Adekolurejo decided to obtain her first degree in Nutrition and Dietetics from the Federal University of Agriculture, Abeokuta in 1995.

As a graduate of Nutrition and Dietetics, she had a brief stint as a food and nutrition teacher in the employment of Ondo State Teaching Service Commission. This led her to obtaining a post graduate diploma certificate in education from the University of Calabar in 2005.

Her passion for clinical dietetics practice made her to cause a memorandum to Ondo State Government on the need to employ dietitians in all the state health institutions. The justifiable reasons adduced in her memorandum convinced the Government of Ondo State to consider the appointment of dietitians to the available health facilities in 2006. As a way of sharpening her clinical skills, she did an on-the-job internship training at the Dietetics Department of Federal Medical Centre, Owo in 2006.

Ever since, she has been calling the shot at the Ondo State Ministry of Health as the Head of Dietetics Services. As a revolutionary minded individual, Mrs. Adekolurejo has caused huge revolution in the Dietetics profession in Ondo State as the state has now appointed Dietitians into all the prominent health facilities. It is equally to her credit that a befitting Dietetics Department was established at the specialized Mother and Child Hospital, Akure.

Mrs. Adekolurejo is a foremost member of the Institute for Dietetics in Nigeria (IDN). When the Ondo State/Ekiti chapter of the Institute was established in 2013; she was one of the drivers of the branch and she is still one of the formidable pillars of the state chapter. Her relentless and selfless sacrifice, and that of other leaders, contributed to the ever growing profile of Ondo State chapter of IDN.

Married to a Medical Practitioner, Mrs. Adekolurejo is blessed with three wonderful and beautiful damsels one of which is also a medical practitioner.

MAXWELL Y. M. OMEIZA

Mr. Maxwell Omeiza is a Nutritionist-Dietitian of repute. He studied at the University of Ibadan where he bagged a Masters degree in Human Nutrition and Dietetics. Upon his successful internship programme, he sat for the Test of Professional Competence (TOP-C) examination of the Institute and passed creditably well hence his admission to the membership of the Institute for Dietetics in Nigeria (IDN).



As a member of the Institute, his devotion and dedication is highly commendable. His attendance and participation at the

programmes and conferences of the Institute are quite heartwarming.

Maxwell Omeiza is presently a faculty member at the Department of Food Science and Technology, School of Agriculture and Agricultural Technology, Federal University of Technology, Minna, Nigeria.

MS. STEPHANIE OMALI

Stephanie Omali is a Nutritionist-Dietitian with great passion for nutrition, healthy life style, diet therapy for diseased conditions and people's well-being.

In her 18 years as a dietitian she has worked in assessing, diagnosing and treatment of nutritional problems; planning therapeutic diets, coordinating recipe development and standardizing, clinical health talk and food demonstration. She has also been involved in the development of therapeutic fluid diet used for oral (semi-solid) and Naso-gastro tube feeding. She also participated in the development of modules on maternal nutrition and the training of nurses and midwives in all settings.



Ms. Omali is currently an Assistant Chief Dietician at the National Hospital Abuja. She holds a Higher National Diploma in Food Technology (Nutrition and Dietetics) from the Kaduna Polytechnic, Kaduna State. She is registered with the Institute for Dietetics in Nigeria (IDN) and also a member of the Nutrition Society of Nigeria (NSN)

DR. (MRS.) OPEYEMI BOLAJOKO

Opeyemi Bolajoko is a dietician and faculty member in the Nutrition and Dietetics Department, College of Food Science and Human Ecology, Federal University of Agriculture, Abeokuta.



She completed her B.Sc. (Nutrition and Dietetics) at the University of Nigeria, Nsukka, Enugu State, and holds M.Sc. and Ph.D in Nutrition and Dietetics (Abeokuta). Her research interests lie in the areas of dietary pattern in relation to health and wellbeing, metabolic influences on dietary pattern, behavioural research in cancers, and impart of nutrient on gene expression.

Her passion for study and research in Nutrition and Dietetics has earned her several scholarship awards such as, African Nutrition Leadership program, Tertiary Education Trust Fund (TET Fund), the Orange knowledge scholarship among others. She is a member of the Institute for Dietetics in Nigeria (IDN) where she is currently serving as member of the Education Committee. She is also a member of the Nutrition Society of Nigeria, and the American Association for Cancer Research.

DR. (MRS.) YEWANDE OLAJUMOKE
UTHMAN-AKINHANMI

Yewande is a classical example of the saying that hard work, dedication and persistence with prayers are formidable ingredients to success. She is a Ph.D holder in Nutrition and Dietetics with specialization in Clinical Nutrition and



public Health. Yewande, the only female child of her parents was born well over 40 years ago in Ikeja, Lagos State. She attended Abbey Junior Mixed and Infant School, G.R.A. Ikeja Lagos State, Maryland Comprehensive Secondary School for her Secondary Education; and University of Agriculture, Abeokuta for her first degree and returned in 2007 for her post graduate Masters degree which she obtained in 2010, she bagged the Doctor of Philosophy (Ph.D) degree in Clinical Nutrition and Dietetics with distinction in 2017.

She has worked in various establishments including Federal Medical Centre Idi-Aba as an undergraduate trainee where she rendered health talks in clinics and took part in planning of therapeutic diets for patients. She was also at the Neuropsychiatric Hospital Abeokuta as a Youth Corp Dietitian, the first dietitian ever to work there.

Yewande had a brief stint with the private sector where she supervised the production of purified sachet water with the Olupee and Company in Idi-Aba Abeokuta. She later worked with the Ogun State Hospitals Management Board; State Hospital Abeokuta as a registered dietitian where she took charge of the Dietetics and Catering Department, teaching and training undergraduates in Clinical Nutrition, diet therapy and hospital practice; develop, implement and evaluate food service policies, procedures and standards; and advise the authorities on dietetics and food service policies. Presently she works with the Olabisi Onabanjo University, Ago-Iwoye in the College of Agricultural Science as a lecturer; teaching clinical nutrition and diet therapy.

She has undergone several special assignment/community services. She was the punctuality prefect in her secondary school days; a member of Leo Club of University of Agriculture Abeokuta; Deputy Cadet-in-Chief, National Youth Service Road Safety Club Ogun State; Public Relation Officer of Ogun State Nutrition Society Nigeria and currently the Secretary of the state chapter of the NSN; and the former first Vice President of Olumo Lions Club Abeokuta. She has served as

the Secretary of the food committee, State Hospital Abeokuta, a member of the Research and Ethical Committee of the State Hospital Abeokuta, the Secretary of the Diabetics Association of Nigeria of the State Hospital Abeokuta, Chairman of Hospital Kitchen Purchase Committee of the State Hospital Abeokuta and Chairman Accreditation Committee of the Department of Home and Hospital Management, Olabisi Onabanjo University and so many other special assignments.

Naturally she has delivered several academic papers including:

- i. Adequate Nutrition: A panacea for a healthy and wealthy nation.
- ii. Enhancing optimal infant and young child feeding practices
- iii. Developing Healthy Gut Microbiota in infants: Nutritional approach.
- iv. Overcoming food insecurity: The roles of the Dietitians in securing food and health.
- v. Complimentary feeding: a focus on iron.
- vi. The brain nutrition connection–Understanding the foundation of learning.
- vii Dietary guide lines in Nephropathy.

She has research publications in both local and international journals to her credit. Her pass times include reading, listening to classical music, taking walks and meditating.

MR. FABUSORO OLUFEMI

Olufemi received his B.Sc in Nutrition and Dietetics from the University of Agriculture, Abeokuta, Nigeria. He also earned an M.Sc degree in Human Nutrition and Master of Philosophy from the University of Ibadan, Nigeria. He is a Registered Dietitian with



the Institute for Dietetics in Nigeria (IDN) and the Health and Care Professions Council, UK. Olufemi is a lecturer in the Department of Nutrition and Dietetics, University of Ibadan, and has been a member of the Education Committee, Institute for Dietetics in Nigeria since 2015. He was also the State Secretary of the Dietetic body in Oyo State.

MRS. HAFSATU USMAN UMAR

Mrs. Hafsatu Usman Umar is no doubt one of the leaders of the dietetics profession in Kano State. Upon her graduation in 1981 and participation in the compulsory national youth service in 1982, Hafsatu has been involved in one aspect of Dietetics practice or the other.



Her resolve to venture into private practice took her to the world of non-governmental Organisations (NGOs). She has been part of quite a number of NGOs that are majorly out to preach appropriate nutrition, feeding and dietary intervention. Worthy of mentioning is *“path to paradise charitable foundation”* and *“Human rights in Islam”*.

Hafsatu Usman Umar works as a part time lecturer at the School of Hygiene, Kano where she teaches Human Nutrition and Dietetics. She is the Coordinator of public health community based nutrition in the Local Areas of Kano State and also the group house keeper at the Federal Airport Authority of Nigeria, Kano.

Her nutrition advocacy is salutary. She has in the process facilitated training on Nutrition and Hygiene to the staff of FAAN and other notable government agencies in Kano State. She is a member of Food, Nutrition, Hygiene Committee of food

vendors at the Kano State Airport. She is also a member of the Kano State Ministry of Agriculture Food, Nutrition and Security Committee.

The Kaduna State born Hafsatu Usman Umar is a devoted member of the Institute for Dietetics in Nigeria (IDN) and she is the treasurer of her Kano State chapter. Other professional bodies that she belonged to are: Nutrition Society of Nigeria (NSN), and Diabetes Association of Nigeria (DAN).

Hafsatu, a multiple award winner, is happily married and the union is blessed with wonderful fruits. As a past time, she is fond of reading, travelling and cooking.

SOLOMON OROGHENE INANASAM

Solomon Inanasam is a Delta State born Air Force Officer and Dietitian. He obtained his first degree in Human Nutrition from the University of Ibadan in 1999. He bagged Master's degrees in Administration in 2006 and Clinical Nutrition in 2017.



Since his commission into the Nigerian Air Force (NAF) in 2007, Solomon Oroghene has served in several areas and sections of the NAF. For instance, he was the Officer in charge of Dietetics Department at 445NAF Hospital Ikeja between 2007 and 2017. He was on military medical contingent to Sudan from 2012 to 2013.

He was also the Officer in charge of Dietetic Department at 546 NAF Hospital Kaduna and later the Student Affairs Wing Officer at AFCS Ibadan from 2015 to 2019. He is presently the Commanding Officer, Hospital services wing and the Officer in charge of Dietetics Department at the 661NAF Hospital, Ikeja.

Solomon is a registered Nutritionist–Dietitian and a member of the Institute for Dietetics in Nigeria (IDN). He has been a regular attendee of IDN programmes and conferences and his contributions to IDN has been immense.

In 2015, he was opportuned to formulate a modified cereal legume based fluid diet for the feeding of acute malnourished under five year olds at internally displaced persons camp in Dalori and Bama, Borno State using enteral nutrition. The outstanding exploit was sequel to the absence of plumpy nuts (Ready to Use Therapeutic Food–75RUSF/100RUTF) being supplied by UNICEF consequent upon attacks of the dreaded Boko Haram terrorist group which interrupted the supply.

HELEN M. VAMBE

Helen Vambe is a Jigawa State based dietitian. She is currently the Head of Dietetics Department and a Senior Dietitian at Rasheed Shekoni Specialist Hospital Dutse.



As a Nutritionist–Dietitian, Helen obtained her HND in Nutrition and Dietetics in 2012 and partook at the compulsory one-year national service in 2013 at Rasheed Shekoni Specialist Hospital, Dutse where she was eventually retained as a staff. She obtained Post Graduate Diplomas in Education (2014) and in Public Health Education and Promotion (2019) in a bid to sharpen her skill as a nutrition educator.

Apart from her regular Radio and Television programmes during which she educates the public on appropriate dietary guidelines and nutrition, she is also an accomplished diabetic educator in Jigawa State. She is a community volunteer on the

management of acute malnutrition and modification of local food production at Gargo Ali Community of Jigawa State.

The Benue State born Helen, is the Founder and Coordinator of Type 1DM Club in Jigawa State. It is to her credit that the club has more than 50 children whose age ranges from 9 to 25 years. Through the club, appropriate knowledge and information on the management of Type 1DM are being shared and disseminated.

Helen Vambe is a devoted member of the Institute for Dietetics in Nigeria (IDN). She is also a member of the Nutrition Society of Nigeria (NSN) and other professional bodies like Nigeria Institute for Food Science and Technology (NIFST), and Diabetic Association of Nigeria. (DAN)

Helen is happily married and her marriage is wonderfully blessed.

MRS. FOLASADE MUFTIHAT AKINWANDE

Folasade Akinwande, a registered Nutritionist-Dietitian, holds a Bachelor of Science degree in Nutrition and Dietetics from Bells University, Ota, Ogun State. She also obtained a post graduate Diploma in Nutrition and Dietetics from the University of Agriculture Abeokuta apart from her HND qualification in Food Science and Technology from Yaba College of Technology, Yaba Lagos.



The Lagos born dietitian did her NYSC at Federal Medical Centre, Abeokuta in 2000 after which she was employed by the hospital as a dietitian. She was enrolled as a registered dietitian in 2012 upon her successful outcome at the Test of

Professional Competence (TOPC) examination of the Institute for Dietetics in Nigeria (IDN).

As the head of dietetics department of the Federal Medical Centre, Abeokuta; it is to her credit that she has successfully coordinated the affairs of the department in such a way that it is one of the renown Dietetics department in Nigerian hospitals. The department's leading status was recently affirmed by the accreditation team of IDN when it was certified as a viable training ground for dietetic interns.

Mrs. Akinwande has trained and mentored scores of nutrition and dietetics students on SIWES and Industrial Training Programmes from different Universities, Polytechnics and College of Health Technologies.

As the pioneer dietitian in FMC Abeokuta, Mrs. Akinwande initiated quite a lot of interventions in the diet therapeutic care of patients. Particularly, she initiated varieties of Nutrient-dense complimentary foods from local sources for infant (F-100) from 6 months and above. She also initiated combination of natural spices to supplement for salt for patients on low salt diet.

Mrs. Akinwande is a committed member of the Institute for Dietetics in Nigeria (IDN) and she is the Vice Chairman of the Ogun State Chapter of the Institute. It was on record that she participated actively as a member of the planning committee towards the successful hosting of the 2015 conference of the Institute by the Ogun State Chapter at Babcock University, Ilishan.

Mrs. Akinwande also belongs to the membership of other professional bodies like Nutrition Society of Nigeria (NSN); Ogun State Stroke Survivor Care Team; Psychoochology Society of Nigeria (POSON) Ogun State Chapter and Diabetic Association of Nigeria, Ogun State Chapter.

A home manager per excellence, Mrs. Akinwande is happily

married and her marriage is blessed with lovely children.

KETURAH KACHIDI ONUGHA

Keturah Kachidi Onugha obtained her Higher National Diploma in Nutrition and Dietetics in 1985 from Kaduna Polytechnic. She later obtained post graduate diploma in Industrial Chemistry in 2009 from Lagos State University, Lagos.



She is a registered Nutritionist-Dietitian and a member of the Institute for Dietetics in Nigeria (IDN) where she has been serving as the Vice Chairperson of the Abuja chapter since 2014 to date.

Keturah works presently with the Ministry of Defence Medical Corps as a Chief Dietitian. She is equally a public educator on nutrition and dietetics matters. She is presently anchoring a radio programme tagged “the pensioner” at the bill of the Military Pensions Board for the enlightenment of the public on nutrition and healthy eating habits.

Mrs. Keturah Onugha has attended several workshops, seminars and conferences on appropriate dietetics practice. She has equally attended all other programmes of the Institute for Dietetics in Nigeria (IDN). She is happily married and the union is blessed with children.

NGOZI ELIZABETH OLUWAFUNMISO (MRS.)

Elizabeth Oluwafunmiso Ngozi is a faculty member of the department of Nutrition and Dietetics, Babcock University, Ilishan. She started her higher education odyssey at the Federal Polytechnic Ilaro in 1995 where she graduated with National Diploma in Food Technology in 1997. She later obtained her Higher National Diploma in Food Technology in 2000 at the famous Yaba College of Technology, Lagos. In 2006, she obtained a post graduate Diploma in Nutrition and Dietetics from the Federal University of Agriculture Abeokuta.



She however bagged a Masters degree in Nutrition and Dietetics from the Federal University of Agriculture Abeokuta in 2012. Her superlative performance in her master's evaluation made her to enrolled for a Ph.D programme in Nutrition and Dietetics at the Federal University of Agriculture, Abeokuta in 2014. She is expected to defend her Ph.D thesis any moment from now.

Elizabeth's working experience span through food production company to academic. She worked at Yemak Ventures, Dopemu, Lagos (1997); Crown Drinks Limited, Acme Road, Ikeja, Lagos (1998) before joining the services of Babcock University, Ilishan where she is presently working as a faculty member of the Nutrition and Dietetics department.

As an academic, she has about 31 published articles to her credit and most of the articles are published in reputable international journals. She has supervised 9 undergraduate projects and she is a mentor to quite a number of aspiring dietitians.

The Ekiti State born Elizabeth Oluwafunmiso became a

member of the Institute for Dietetics in Nigeria (IDN) in 2014 upon her successful outcome at the TOPC examination that was held in Lokoja. Ever since her membership admission to the Institute, she has been a committed and devoted member. In 2015, she served as a member of the Local Organising Committee to the national conference that was held at Babcock University Ilishan.

Elizabeth is an advocate of community development. In the course of her community development advocacy, she served as an interphase between the department of Nutrition and Dietetics and Ilishan community where Babcock University resides for nutritional survey, assessment and nutrition intervention programs.

Mrs. Elizabeth Oluwafunmiso Ngozi also belongs to the membership of Nutrition Society of Nigeria (NSN). Her research interest is community health nutrition hence her numerous research works on community health nutrition related areas. As an academic, she has held several positions of responsibilities in the University such as membership of highly sensitive committees. She is currently the Examination Officer of the Nutrition and Dietetics Department at Babcock University.

ABUUL VICTORIA NGUZUNGWEN

Abuul Victoria Nguzungwen is a seasoned Clinical Nutritionist and Dietician with over 25 years of experience, during which she served in the position of dietician II and advanced in the service to the rank of Assistant Director Dietetics where she currently coordinates and provides leadership role for the Nutrition and Dietetics Department at the Federal Medical



Centre Makurdi, Benue State of Nigeria. Prior to her present position, she had worked with the Benue State Ministry of Health where she taught Nutrition in the School of Health Technology and School of Nursing and Midwifery.

She attended Federal Government College Bida, obtained HND in Nutrition and Dietetics at Kaduna Polytechnic, Post Graduate Diploma in Food Science and Technology in Federal University of Agriculture, Makurdi where she is currently pursuing M.Sc (Food Science and Technology).

Her service at Federal Medical Centre Makurdi over the years, have benefitted the dietetics profession and the professional body as follows:

- * Introduced nutrition clinic cards which are now in use to keep track of medical history of patients and also contribute to the revenue profile of the hospital.
- * Developed a training manual for practical procedures on Dietetics in the Hospital system.
- * Established various clinical units with relevant personnel for efficient and effective management to enhance service delivery.
- * Developed a food composition table to ease meal planning for diabetic and overweight clients.
- * Mobilized both human and material resources towards the accreditation of Dietetics Department to attract hands-on-training of interns in the profession.

Victoria is a member of the Institute for Dietetics in Nigeria (IDN) and she is one of the formidable pillars of the Institute from Benue State. She is married with children.

DR. MRS. RAMOTU RACHAEL A. FAKUNLE

Dr. Mrs. Ramotu Rachael A. Fakunle was born to the Ja'Usman and Obaseki families of Edo State. She attended Emotan Private School, Benin-City and St. Maria Goretti Girls' School, Benin where she obtained her West

African School Certificate. She then proceeded to Kaduna Polytechnic to obtain an HND in Food Technology. In pursuit of further education, she proceeded to Federal University of Agriculture, Abeokuta where she obtained a PG.D in Nutrition and Dietetics, M.Sc. in Nutrition and Dietetics and ended up with a Ph.D in Nutrition and Dietetics.



Dr. Fakunle started her working career at the University College Hospital (UCH) Ibadan as a Dietician and she rise through the ranks to become the Deputy Director Dietetics and Head of Department until her retirement in 2019.

Her achievements as head of Dietetics Department are as follows:

- i. Staff strength: the number of dietitians increased from six (6) to thirteen (13) which was 116% increase.
- ii. Internship programme: there was an increase also in the number of interns employed from five (5) to seventeen (17) and then to twenty-two (22) in 2019; a 340% increase. All interns who were trained during her tenure passed the national professional examination in Dietetics qualifying them to practice. She made a case for payment of interns to the Hospital Management which was subsequently approved.
- iii. Nutritional Care Process charts indicating nutritional assessment, intervention, monitoring and evaluation of patients used by dietitians was established
- iv. Weekly clinical meetings involving presentations of Nutritional related topics by interns and dietitians and care study discussions to improve upon the management of our patients was introduced for update of knowledge and skills in dietetics practice.
- v. Some departments/units, specialties such as Burn Unit,

- Intensive Care Unit, Pediatrics, Oncology, Geriatrics which previously had non-dietetic coverage are now experiencing tailored dietetics care.
- vi. Quarterly seminar was introduced where topics targeted at improving the wellness of staff and the public were chosen and lecture was given by the department.
 - vii. She initiated the annual celebration of World Breast Feeding week and world Food day in the department.
 - viii. Trained Residents posted from the Pharmacy department culminating in their success at their qualifying exams.
 - ix. Carried out of research as a department, with other departments, institutions and outcome used in improving practice.
 - x. Authored and co-authored text books on Nutrition and Dietetics used in schools within and outside the country. She has an enormous passion for teaching as she loves to impart her vast knowledge and depth of experience on others, some of her teaching port folios include being an associate lecturer at the University of Ibadan and as a visiting lecturer at the School of Nursing Ibadan.

She had been invited as external examiner for many institutions. She is a registered dietician who has trained numerous interns and dietitians. The trainees under her tutelage succeeded at learning values that has taken them to great heights in life. She is the Chairman, Education Committee of the Institute for Dietetics in Nigeria.

Dr. (Mrs.) Ramotu Fakunle, a multiple award winner, is a leading member of the Institute for Dietetics in Nigeria (IDN). She is also a member of the American Dietetic Association (ADA) and Nutrition Society of Nigeria (NSN).

She is a lover of God and a dedicated member of Christ Life Church, Sword of the Spirit Ministries where she is a deaconess. She heads the welfare unit of the church and doubles as a member of the women choir.

Her hobbies are singing, reading, cooking and travelling. She

is happily married to Pastor (Dr.) Moses Olufunsho Fakunle and the union is blessed with four awesome children.

OTUNBA MRS. IYABODE ADENRELE ALABI

Otunba Mrs. Iyabode Adenrele Alabi, a Nutritionist Dietician was born at Mercy Hospital Itafaji Lagos. She was the first child of Alhaji S.D. Aderohunmu and Alhaja Odunola Aderohunmu both of blessed memory.



She attended Children Home School and Alafia Institute both in Ibadan for her primary school education and proceeded to Yejide Girls Grammar School for her secondary education.

In June 1977, she graduated from Pratt Institute Brooklyn New York with B.Sc. in Nutrition and Dietetics. In February 1970, she graduated from New York University with M.A in Food Management. She worked as a Dietician in Seagirt Health Related Facilities and Oxford Nursing Home all in Brooklyn New York for three years and returned to Nigeria in 1982.

She served as a Youth Corper at the University College Hospital Ibadan. After her service year, she was employed as a Dietician by the Hospital on December 5, 1988. She became the Head of the Department of Dietetics in 2006. During her tenure, as the head of the department more Dietitians were employed. She was an Associate Lecturer in the Department of Human Nutrition at the University of Ibadan for few years.

She is a member of American Dietetic Association 1995, a member of Nigerian Dietetic Association 1990 and a member of

Nutrition Society of Nigeria, 2004. She retired as a Deputy Director on July 12, 2010 at the age of 60.

She is a Catholic and performed the Holy pilgrimage (JP) in 2009. She loves dancing, singing and acting.

She is married to Otunba Clement Ajibola Alabi and blessed with two lovely sons.

ODUOLA, ANTOINETTE OLUWAFUNKE (MRS)

Mrs. Antoinette Oluwafunke was one of the early dietitians at the Dietetic Department, University College Hospital, Ibadan. She obtained Postgraduate Diploma in Dietetics (SRD) at Leeds Polytechnic, UK in 1975 and MSC in Human Nutrition at Queen Elizabeth College, University of London in 1981. She registered with the Nigeria Dietetic Association in 1976 and was employed as a Principal Dietitian I in 1976 at the University College Hospital, Ibadan, Nigeria. She rose through the ranks, became Assistant Chief Dietitian and Head of the Department of Dietetics, UCH in 2003. She retired from service in 2006.



Mrs. Antoinette Oluwafunke ODUOLA was a State Registered Nurse and State Certified Midwife (SRN & SCM) before she changed her profession in 1975, after obtaining Postgraduate Diploma in Dietetics (SRD) at Leeds Polytechnic England in February 1975.

She served in the following capacities at the Dietetics Department (UCH):

Basic Dietitian-Principal Dietitian I - 16/2/76 to December 1988. In October 1980, she obtained a Leave of Absence to

attend an M.Sc. Programme at Queen Elizabeth College, University of London where she obtained the Master of Science (M.Sc) Degree in Human Nutrition.

She returned to the Dietetic Department (UCH) in October 1981 and was gradually promoted to Chief Dietitian with effect from July 1st 2003. She held that post until she retired from UCH in 2006 on her 60th Birthday after working for 30 years 19 days.

Mrs. Oduola was a member of British Dietetic Association; member of American Dietetic Association; member of Nigerian Dietetic Association; member of Professions Allied to Medicine in England and Nigeria.

Some of her outstanding engagements while in service include:

- Counseling and working out of diets prescribed for patients in the Out-patient department of the hospital.
- Going on the ward rounds with the doctors to see the In-patients and giving dietary advice to the doctors (concerning the patients) where and when needed.
- Counseling and translation of diets prescribed for such patients into food requirement.
- Supervision of the cooking, weighing, (where needed) and serving of foods for patients on special diets.
- Training of the diet cooks on preparation of special diets.
- Research in conjunction with the doctors as needed concerning the patients.
- Training of Dietetic students (on internship) and Youth Corpers.
- Lecturing of student nurses and pupil Midwives on Diet in Health and Diseases (both theory and practical).
- Public Enlightenment Programmes on Diet in Health and Diseases (on television and radio).

Some of the academic/professional projects carried out/presented by her as a Dietitian

1. Survey of the Dietary Management of patients with Hyperlipidemia in the United Kingdom (M.Sc Thesis in

- Human Nutrition).
2. Dietary Management of 'a patient' with Chronic Renal Failure (Project/Dissertation in Dietetics, Leeds Polytechnic, England).
 3. Effect of Dietary Counseling in the Management of Diabetes Mellitus– paper presented at a Symposium on Diabetes Mellitus in Nigeria, University College Hospital, Ibadan in April, 1985.
 4. The Polyphosphates
 5. Nicotinic Acid and Vitamin C–Uses and Effects of large doses.
 6. Diet in Pregnancy
 7. Infant Feeding.

TIJANI OTTUN BOLANLE

Bolanle is a self-motivated, resourceful and dynamic leader with over 18 years of practice as a clinical dietitian, with a strong educational background in Nutrition and Dietetics. She is involved in training of interns, medical doctors and nursing students and in the monitoring and evaluation of patient's therapeutic management by using the international best practice of Nutrition care process.



Born in Lagos to parents of Ogun State descent, her educational qualifications includes the following: PhD (in view) Nutrition and Dietetics: Federal University of Agriculture Abeokuta 2016 till date; M.Sc. Clinical Nutrition and therapeutic diet, University of Ibadan September 2000; BSc Nutrition and Dietetics, University of Agriculture Abeokuta June 1994; and Registered Dietitian/Nutritionist; Internship Lagos University Teaching Hospital 1998.

She also possess a certificate of proficiency issued by the Federal Ministry of Health and WHO in 1992 as a TRAINER of TRAINERS in Appropriate Nutrition Care.,

She is a notable researcher in Nutrition and Dietetics. Some of her published research works are: Proximate Composition of Ten Standardized Nigerian Dishes: Oguntona, Odumbaku, Ottun B.O et al 1999, Journal of Nutrition and Food Science; Incorporating Home Economics and Technology, Number 6, Nov/Dec1999., Prevalence, Profile and Predictions of Malnutrition in Children with Congenital Heart Defects: Okoroma, Ekure, Lesi, Okunowo, Tijani et.al. 2011. Arch Dischild (2011) doi:10.1136/adc.2009.176644, Jan 2011

Her working experience includes: Locum consultant Dietitian, Psychiatry Hospital Yaba 2001 to 2006; Locum lecturer, Moshood Abiola Polytechnic; Pre-medical students; School of Nursing; Industrial Trainee Students; Dietetics Intern Training; Lagos University Teaching Hospital.,Assistant Director Clinical Dietitian, Lagos University Teaching Hospital Idi-Araba 2000 till date.

Bolanle is a front line member of the Institute for Dietetics in Nigeria (IDN) and she is one of the Institute's Coordinator in Lagos State.

OLUFEMI SAMUEL

Mr. Olufemi Samuel Shola is the current Chairman, Institute for Dietetics in Nigeria, Ondo State Chapter. He was elected as the chairman in February, 2020.

Mr. Olufemi, a trained clinical dietitian was born in Akure, Ondo State more than two scores and five year ago. He started his elementary education in LCMB, Kogi



State, before proceeding to Baptist High School, Ekinrin-Adde, Kogi State and later on, Ikoyi Community High School, Ikoyi-Ijumu, Kogi State. He later gained admission to Kaduna Polytechnic, Kaduna to read Nutrition and Dietetics. He obtained ND and HND in Nutrition and Dietetics in 1997 and 2001 respectively, and he was the best graduating student at both levels. He later attended the Federal University of Agriculture, Abeokuta, Nigeria to obtain PGD and Msc. in Nutrition and Dietetics in 2011 and 2017 respectively.

His leadership skills started in his school days as the Departmental president combining Nutrition/Dietetics and Food Science & Technology Students, Kaduna Polytechnic in year 2000. In 1996, Mr. Olufemi had his compulsory Student Industrial Experience Scheme (SIWES) at the Medical Department and Welfare Unit, Kaduna Refining & Petrochemical Company, NNPC, Kaduna. He carried out his National Youth Service Corps in the Department of Food Science and Technology, Federal University of Technology, Akure in year 2001. He had a stint at Honey Comb Hotel, Abuja and Fosla Hotel, Kogi State where he worked as Asst. Manager and Supervisor respectably few years.

Mr. Olufemi became a registered Dietitian over 13 years. He started his clinical practice as a Clinical Dietitian in 2006, when he joined the services of the Ondo State Hospital Management Board, as one of the 1st set of dietitians employed in Ondo State, during when he was posted to the State Specialist Hospital, Ondo City as a Clinical Dietitian. During his service, as the first dietitian and HOD, he laid a solid foundation for dietetics practice in the hospital. As a young dietitian, he provided nutrition guidelines for the hospital medical team and also introduced Assessment/Food Instruction Card for the patients.

Olufemi was privileged to be the pioneer Secretary, Institute for Dietetics in Nigeria Dietitian (IDN), Ondo/Ekiti States Chapter and he was pivotal to the efforts of agitating for the establishment of Dietetic Kitchen in Ekiti State Teaching

Hospital Ado-Ekiti, which led to better recognition given to dietetics practice in Ekiti State. He was instrumental to the successes recorded for the Conferences/Workshops organized by IDN, Ondo/Ekiti Chapter.

On his becoming the Chairman Institute for Dietetics in Nigeria, Ondo State Chapter, he has embarked on visible revolutions, which are namely; Nutrition enlightenment campaign programme in all the TV and Radio Stations in Ondo State. In the period of COVID-19 emergency, IDN Ondo State chapter also organized nutrition advocacy for the prevention and management of the pandemic through media engagement. He is equally making frantic efforts to ensure dietitians are incorporated to the Ondo State COVID-19 Health Team. Aside this, he introduced identity card for practicing dietitians in Ondo State. He is providing necessary strategic leadership and direction for the members of the professional association, harnessing human and material resources for the achievement of her goal.

Dietitian Olufemi is a lecturer in the Department of Nutrition and Dietetics, Rufus Giwa Polytechnic, Owo Ondo State. He has contributed his own quota to the Polytechnic and has held various administrative positions within the Polytechnic. In his department, he has served as Chairman, Seminar Committee, SIWES Coordinator, and he is presently the Supervisor Part-Time Programme in Nutrition & Dietetics. Mr. Olufemi has presented many papers at local and international academic seminars, conferences and workshop. He has facilitated many Nutrition Advocacy and Health related Programmes in different communities in Ondo and outside Ondo State, one of these was a community based Nutrition Intervention programme on the Prevention and treatment of Iron Deficiency Anemia in children and pregnant women, using our local diet in Emure-Ile, Owo, Ondo State in 2013, which was facilitated to identify and treat children and pregnant women who suffered from iron deficiency anemia disease.

He has a number of research work to his credit and some have

been published in reputable local and international academic journals. Mr. Olufemi is a member of Nutrition Society of Nigeria, member Breast Cancer Association of Nigeria (BRECAN). He is a Radio Nutrition Presenter on Orange 94.5FM, Akure, where he anchors Nutrition and Health Programme, tagged "Nutrition Today". Mr. Olufemi was a Nutrition consultant to Youth for Christ, an International NGO based in Akure, Ondo State. He is a Nutrition Resource Person to Crest FM, Akure and Nutrition Consultant to Olams Group Nigeria. He is the Director, Light Up Health and Nutrition Consult, a registered Nutrition and Wellness firm based in Akure, Ondo State. Mr. Olufemi is a hardworking, brilliant young man who always strives to ensure he performs excellently well in whatever area he finds himself. He is married with children.

MRS AYODEJI PRECIOUS ADESOLA

Mrs. Ayodeji Precious Adesola hails from Ikole Ekiti in Ikole LGA, Ekiti State. She attended Saint Paul's Primary School Ikole Ekiti for Primary Education and Saint Mary Grammar School Ikole Ekiti for her Secondary School Education.

A lover of education, Mrs. Ayodeji passed through several higher institutions of learning among which are the following:

1. Ondo State Polytechnic Owo, Ondo State (OND Food Science & Technology)
2. Federal Polytechnic Ado Ekiti, Ekiti State (HND Food Technology)
3. Imo State University Owerri, Imo State (PGD Management)
4. Federal university of Agriculture Abeokuta, Ogun State (PGD in Nutrition & Dietetics)
5. Wesley University Ondo, Ondo State (BSc. in Human



- Nutrition & Dietetics)
6. University of Nigeria Nsukka, Enugu State (MSc. In Human Nutrition & Dietetics)
 7. Federal University of Technology Akure (PhD in Human Nutrition in view)

She is the pioneer staff of Nutrition and Dietetics department at Ekiti State University Teaching Hospital (EKSUTH) and she is now the Head of Dietetics Department of the hospital.

She is a trainer in the field of Dietetics and she has trained a lot of dietitians both in and outside Ekiti State. She is a registered Dietitian, Nutritionist and Food Scientist. She is a Teacher of the word of God.

Mrs. Ayodeji, a member of the Institute for Dietetics in Nigeria (IDN), is happily married to a General Overseer of Mercy Speak Evangelical Ministry and her marriage is blessed with three Children.

DR. MORENIKE OGUNKUNLE

Dr. Morenike Ogunkunle is a registered dietitian, a researcher and lecturer in the field of Nutrition and Dietetics at the University of Ibadan, Ibadan, Nigeria. She obtained her B.Sc Home Science and Management (Nutrition and Dietetics option) from the Federal University of Agriculture, Abeokuta. She also obtained her MSc and PhD (Human Nutrition) from the University of Ibadan, Ibadan, Nigeria where she currently teaches Nutrition and Dietetics courses both at undergraduate and postgraduate level. Dr. Ogunkunle's research interest is in the area of Clinical Nutrition- focusing



on the roles of diets and dietary constituents in health and management of non-communicable diseases such as metabolic syndrome, diabetes, cardiovascular diseases and cancers. She also has interest in Public Health Nutrition-promoting healthy dietary practices and good nutrition for primary prevention of nutrition related diseases particularly among adolescents and other vulnerable groups. She has many publications in this regard in referred international and local journals.

Dr. Ogunkunle is a member of Institute for Dietetics in Nigeria (IDN), and a member of IDN Education Committee. She is also a member other professional bodies such as African Graduate Students' Network (AGSNet), Nutrition Society of Nigeria (NSN), Nutrition Society, United Kingdom (NS) and African Nutrition Society (ANS). Dr. Ogunkunle has won both local and international academic awards which include Thomas Bashir Biomedical Foundation Seed Grant and Association of Commonwealth Universities Early Career Academic Grant respectively.

AJAKO AHUOIZA VICTORIA

Victoria Ahuoiza Ajako, a Registered Dietitian, studied Nutrition and Dietetics at Kaduna Polytechnic, Kaduna State and obtained a Postgraduate Certificate in Nutrition from Ahmadu Bello University Zaria. She is a pioneer Dietitian at the Dietetics Department, National Hospital Abuja and the current Head of Dietetics at the National Hospital Abuja. Her contributions as the very first Dietitian of the hospital set the foundation for solid dietetics practice in the hospital.



She is a well-presented, self-motivated health care professional with 28 years' experience in nutrition education and dietary counseling of patients. She has served as facilitator on nutrition matters to health care providers, UNICEF, TV(NTA) and other independent organizations. She is an active member of the Institute for Dietetics in Nigeria (IDN) in which she served as Secretary (FCT Chapter). She is also a member of Nutrition Society of Nigeria(NSN).

Victoria Ahuoiza Ajako has over the years strived to promote adequate diet as a cornerstone for disease prevention, control and maintenance of good health

TUNDE AJOBO (RD)

Tunde Ajobo is a graduate of Nutrition and Dietetics, College of Science and Technology, Kaduna Polytechnic, Kaduna. He trained at Nigeria Army Reference Hospital, Kaduna before joining University College Hospital, Ibadan for Internship Training. He was later employed by the University College Hospital, Ibadan as a Dietitian. As a Registered Dietitian with the Nigerian Dietetic Association (now, Institute for Dietetics in Nigeria), he went for training in Ghana which was sponsored by Center for Disease and Control. His active participation in development of Dietetics practice in Nigeria earned him the position of National Public Relation Officer (PRO) of Nigerian Dietetic Association.



Apart from being a former Head of Dietetics Department of UCH, he has headed various units in the Dietetics Department of the hospital. He is presently an Assistant Director of Dietetics and the Dietitian in-charge of Intensive Care Unit, University College Hospital, Ibadan.

He is a good team player per excellence and he has co-authored several books including: Compendium Book on the Management of Diabetes in Nigeria and Evidence Based Stroke Prevention Manual. He has published quite a number of research papers in reputable international scholarly journals.

He is a prominent member of the Institute for Dietetics in Nigeria (IDN). He is also a member of quite a number of other professional bodies such as International Union of Health Promotion and Education; Translating Research Evidence into Policy and Practice (TREPP); Sickle Cell Hope Alive Foundation. He is a professional adviser to several other organizations such as Diabetes Association of Nigeria (Oyo State Chapter) and Elders Forum, Geriatric Center, UCH, Ibadan.

Tunde Ajobo, a seasoned dietician and public health speaker, has trained students as dietetics interns and industrial trainees from various higher institutions in Nigeria.

MISTURA TOKUNBO LAWAL YUSUF

Mistura is a Public Health Advocate & Walk Leader Brent Council UK. She retired voluntarily as a Senior Dietitian from Military Hospital, Lagos, Nigeria before relocating to United Kingdom (UK). She is a member of several notable international organizations such as Community Champion Diabetes UK; SUFRA Food Bank; British Islamic Medical Association and Federation of Muslim Women's Associations (FOMWA) UK.



Mistura is a committed member of the Institute for Dietetics

in Nigeria (IDN) and she is one of the prominent diaspora members of the Institute. As a matter of fact, she has travelled all the way from UK to attend the Annual General Conference of the Institute in the past.

She is a formidable Nutrition advocate and she regularly delivers talks, lectures, and seminars on appropriate healthy living and diet-therapy.

MRS HADIZA LADI SADA(NRD)

Hadiza is a registered Dietician-Nutritionist who acquired Higher National Diploma (HND) in Nutrition & Dietetics in 1983 from one of the prestigious polytechnics in Nigeria, Kaduna polytechnic.



She has advanced certificate in Management Studies, a postgraduate diploma in Co-operative Studies and postgraduate diploma in Public Administration from Ahmadu Bello University Zaria.

She started her professional career in 1984 from Specialist Hospital Bauchi after completing her National Youth Service Corp (NYSC) program. While she was working at the Specialist Hospital Bauchi, she served as the head of Dietetics Department during which she co-ordinated the activities of Nutrition and Dietetics at the Hospital.

She later joined the services of Ahmadu Bello University Teaching Hospital, Zaria as a Senior Dietician and rose to the rank of Chief Dietician.

She made a major and lasting contribution to the services of Ahmadu Bello University Teaching Hospital in the field of

Nutrition and Dietetics as one of the pioneers in the department in 2008. Her pioneering roles and continual advocacy for recognition of diet-therapeutic care in medical practice led to the employment of more dietitians to cater for the nutritional needs of adults and children especially under5's in the hospital.

She has attended several trainings, workshops and conferences. She is a valued member of so many committees and she has held leadership positions at different levels. She is a registered member of Institute for Dietetics in Nigeria (IDN) and also a member of the Nutrition Society of Nigeria.

Her most recent involvement and contribution to the society among others is the introduction of High Energy Mixture (HEMIX) diet which is a complementary and therapeutic Diet especially for under five (5).

Mrs. Hadiza Ladi Sada is a mother and a grandmother. Her interests outside her professional fields include mentoring younger professionals and small scale farming.

CHIEF (MRS) DAWN ST. ROSE DARAMOLA

Mr. Daramola Dawn St. Rose is a Jamaican born dietitian who married to a Nigerian. She attended her high school education in Jamaica where she obtained her High School diploma and G.C.E Cambridge examinations from Manning's High School, Sav-Lar-Mar, Westmoreland, Jamaica in 1974.



She later obtained her dietetics qualifications at America where she obtained a Diploma in Nutrition and Dietetics in 1975 and

1977 from St. Joseph College Brooklyn, New York U.S.A. She obtained another Bachelor's degree in Nutrition and Dietetics from City University of New York Lehman College Bronx, New York U.S.A in 1980. She capped up her educational studies with two Master's degree in Public Health and Health Education from the prestigious University of Lagos, Nigeria in 2014 and 2016 respectfully.

She started her working career as a Nutritionist-Dietitian at the Ministry of Defence Army Hospital and Medical Centre Lagos, where she worked from October 1981 till February 1998. Upon her relocation to the United States of America, Mrs. Daramola worked as Nutritionist/Homecare Assistant at Special Touch Homecare, New York from April 1998 to November 2005 and as Dietitian/Health Assistant from August 2005 to August 2007.

She later returned to Nigeria and worked as the State Coordinator, National Program on Immunisation European Union-Prime, Lagos from December 2007 to July 2009. Mrs. Daramola rounded up her working career with her engagement with St. Nicholas Hospital, Lagos Nigeria from December 2012 to prime 2020.

Mrs. Daramola is a member of the Institute for Dietetics in Nigeria (IDN) and she is one of the eminent elders of the professional body.

A renown dietitian, nutritionist and health educator, Mrs. Daramola acquired specialist trainings in America where she was trained in the following areas: Rehabilitation and Environmental Reintegration of Disabled persons (Scannel, Brooklyn, New York); Ageing Process Accommodation of the Elderly (Special Homecare Centre, Brooklyn, New York); and Psychological, Social and Nutritional Training and Development (Special Homecare Centre, Brooklyn, New York).

She also acquired professional training in Nigeria as a specialist in European Union Development Fund (European Union Prime, Abuja).

Her contributions to community developments are second to none. This gesture propelled the traditional ruler of Otto in Lagos, the Oloto of Otto to confer the chieftaincy title of Yeye Baloro of Otto and Maryland on her. She is a member of the Nigerian West Indian Association and she is a member and matron to several religions societies in the Church.

MRS MKAV GYOH FATIMA ALIYU

Mrs. Mkav Gyoh is a Chief Dietitian at the Department of Nutrition and Dietetics of Jos University Teaching Hospital (JUTH), Jos, Plateau State.

The Benue born dietitian, trained at the Kaduna Polytechnic where she obtained the Higher National Diploma in Nutrition and Dietetics. She was subsequently enrolled as a registered dietitian upon her fulfilment of the requisite conditions for enrollment.



As a registered dietitian and an active member of the Institute for Dietetics in Nigeria, Mkav Gyoh has made meaningful contributions to the field of dietetics especially in the development of therapeutic meal regimens from locally available foods. As the head of dietetics department of JUTH, she has superintended over the training of scores of interns, Industrial Trainees, Youth corps and numerous health workers. Through her regular engagement in Nutrition education, Mrs. Mkav Gyoh has taken the gospel of appropriate eating habits and optimum nutrition to all and sundry. She is indeed a nutrition ambassador per excellence.

The series of innovations that have been brought on board by her into the dietetics department of JUTH since her appointment as the HOD are legendary. She is highly

passionate about IDN programmes and it is on record that she has attended all the Institutes conferences since 2013.

Mrs. Mkav Gyoh is a home maker of repute. Her marriage to her lovely spouse is waxing strong by the day and the relationship is generously blessed by God.

AISHATU YAHYA MUHAMMAD, RND

Aishatu Yahya Muhammad is an experienced Nutritionist-Dietitian. Born in Kano city, Nigeria. Aishatu commenced her post secondary school training in catering where she obtained National Diploma in 1978 from Kaduna Polytechnic. She later bagged a Higher National Diploma in Nutrition and Dietetics in 1980 from Kaduna Polytechnic, Kaduna.



Her resolve to acquire further education, especially in management and development oriented profession made her to obtain Post Graduate Diploma in development studies from Bayero University, Kano in 1999. She later scaled up her studies in development studies by obtaining a Master's degree in the field from Bayero University in 2000. Prior to her acquisition of Master's degree in development studies, she has earlier obtained a certificate from University of Washington D.C. in 2018 on Economic Evaluation Leadership and Management.

Aishatu started her working career with the Kano State Ministry of Health/Primary Health Care Management Board in 1981 where she worked until 2016 when she retired from the civil service as a Deputy Director Family Health and Coordinator, Growth Monitoring State as well as the Nutrition Officer.

She is a nutrition educator and healthcare trainer of repute. She is a national, zonal and state trainer and have trained several health workers and community members on nutrition, WASH, HIV, immunization and social mobilization (counseling) etc. These trainings were conducted in various states and their communities thus: Kano, Kaduna, Katsina Nasarawa, Jigawa, Calabar, Sokoto, Bauchi, Niger and Lagos.

She is a national trainer on baby friendly initiatives and clinical management of severe malnutrition (SAM). She is also a national master trainer on community based management of severe acute malnutrition (CMAM); Facility Infant and Young Child feeding (IYCF); and National master trainer on Food demonstration. She was a lead facilitator for the BASICS II Nigeria nutrition pilot programs on Positive Deviance Hearth (PD) in Kano, 2003 to 2004, Nasarawa and Lagos States in 2006. She worked as a state technical facilitator in the gender informed Nutrition and Agricultural project (GINA) by IITA/FBFI/SMOH Kano 2005 and she monitored the UNICEF funded SMART surveys in 2018 (Yobe State) 2010 and 2011 and 2012 in Kano State.

Mrs. Muhammad is also a consultant of repute. Her consultancy experience includes being a Nutrition Consultant in 2002 during when she organized and supervised the training of Community Health Promoters (CHPs) in all the 9 focal LGAs. Immunization consultant in Dala LGA 2003 during when she organized and trained service providers on immunization activities.

She is also a Community consultant in the Participatory Learning and Action for Community Ownership (PLACO) 2004 and PD consultant in 2005, 2006 and 2007 for the child survival unit. In the process trained state facilitators of Lagos and Nasarawa states and monitored their pilot implementation.

She has worked with several international organizations and

bodies as a state nutrition officer in Kano state during which series of successful nutrition and health surveys were carried out.

Since her retirement from Kano State Civil Service in 2016, she has worked as a Nutrition Coordinator of SPRING, SCI in Kaduna and Kano States. She also served as the Nutrition coordinator of STEER SCI-USAID project, Kaduna, Kano and Sokoto states from 2016 to 2018. She later worked as a nutrition consultant in 2018 with WWNN Project Save the Children International, Dutse and in 2019 as nutrition and referral systems officer (HIFASS-LOPIN3 OVC project) in Kano State.

A nutrition educator per excellence, Aishatu has published well researched works including her degree thesis. She has contributed to chapters in widely acknowledged books including being a co-author of the training manual for Agriculture, Health, Education and Community Development for Extension Workers produced by the FAO/MOA project on improving household food security and nutrition in Kano state 1997.

Aishatu is a professional with a good management training and facilitation skills whose advocacy and mobilization strategy is first class. Her strong oral and written communication skills and ability to speak and write English and Hausa fluently stands her out as a professional of repute.

A highly personable and trustworthy individual, Aishatu is a team player of note whose ability to work under pressure is second to none. Her hobbies include knitting, reading and a simple life.

KULU WAKILI

Kulu Wakili hails from Kwajaffa, Hawul Local Government Area of Niger state of Nigeria. Her journey to the dietetics profession started in 1985 when she secured admission to Ramat Polytechnic Maiduguri to study Nutrition and Dietetics at the National Diploma (ND) level. She invariably obtained the ND qualification in 1987 and later obtained a Higher National Diploma (HND) qualification from Kaduna Polytechnic, Kaduna in 1996.



She later enrolled for Post Graduate Diploma in Nutrition at Ahmadu Bello University, Zaria from 2008 to 2009. She studied for her Master's degree in Nutrition from the same university (ABU ZARIA) between 2016 and 2019.

A registered member of the Institute for Dietetics in Nigeria (IDN), Kulu Wakili started her working career in 1989 with the Health Services Department of the Federal Capital Development Authority. (FADA) as a dietitian. She has worked in various health facilities at the Federal Capital Territory and she has risen to the peak of her career as the Director of dietetics and head of all the nutrition and dietetic units in the Federal Capital Territory.

While in Asokoro district hospital in FCT, she founded the children's and HIV rehabilitation clinic. She is a renown nutrition educator and trainer in the prevention and diet related ailments and diseases. It is to her credit that she has mentor quite a number of budding nutritionists-dietitians in the past.

Kulu Wakili has attended several seminars and conferences on several areas of nutrition and diet therapy. She has also received several awards and honors. She is an adviser to the Kaduna Polytechnic Nutrition and Dietetics Student's

Association from 1996 to date.

A highly creative, self-motivated professional with solid experience in applying evidence based approaches to problems solving using nutrition or diet to achieve desire objectives through innovation and monitoring of patients. Kulu Wakili has carried out many research works in nutrition and dietetics and some of her works have been published in reputable journals.

NWAFOR SAMUEL MADUKA

Nwofor Samuel Maduka was born to the family of late Chief Nathaniel Oforji Nwofo in Oyigbo town of Rivers state. He obtained his first degree in Nutrition and Dietetics from Micheal Okpara University of Agriculture, Umudike, Abia State in 2001. He was registered as a member of the Institute for Dietetics in Nigeria (IDN) upon his successful outcome in the Test of Professional Competence Examinations (TOPC) of the Institute.



As a registered nutritionist-dietitian, Nwafor was appointed as a dietitian into the services of University of Port-harcourt Teaching Hospital (UPTH), Portharcourt. He has remained a staff of UPTH all along and he is a Chief Dietitian at the moment.

An active labour leader per excellence, Nwafor has occupied several positions of responsibility within the labour circle in the hospital. Few among such positions includes former Vice Chairman, River State NUAHP Council, former Secretary NUAHP, former Secretary, Joint Negotiation Council (JNC), and former Chairman, Caretaker Committee of Medical and

Health Workers Union (MHWUN) of UPTH.

He has also served as the Secretary of the Baby Friendly Hospital Initiative Committee (BFHI) of UPTH.

A community development advocate, Nwafor is an advocate of development programmes in his native community. As a matter of fact, he is the current Chairman of Umuokochitor and Umundinor villages, Oyigbo town. He is also the current Chairman of Men of Valor, Region 59, Mountain of Fire (MFM) Church, Rivers state. A multiple awards winner, Nwafor has served in many committees at his place of work and he has attended quite a number of conferences and seminars to sharpen his professional skills and managerial ability. His interest in journalism made him to obtain certificates in Journalism in and basic broadcast presentation from Alpha Institute of Broadcasting and communication, Portharcourt. Nwafor is a committed member of Institute for Dietetics in Nigeria (IDN). He is also a member of Nutrition Society of Nigeria (NSN) among other professional bodies.

MAIMUNATU LADIDI ALIYU

Maimunatu hails from Katsina State of Nigeria and she is presently working at the Department of Nutrition and Dietetics of the College of Science and Technology, Kaduna Polytechnic, Kaduna as a lecturer.



Currently on her Ph.D studies in Nutrition and Dietetics at the Kogi State University, Ayingba, Kogi State since 2018, Maimunatu has obtained Masters degree in Nutrition and Dietetics from Kogi State University, Ayingba in 2013. She also obtained Diploma certificates in

Nutrition (2009) and Education (2007) from Ahmadu Bello University, Zaria. She bagged her basic qualification of National Diploma and Higher National Diploma in Nutrition and Dietetics from the famous Kaduna Polytechnic in 1993 and 1996 respectively. She is computer literate and possess a certificate in basic programming and data processing (M.S word, power point and spread sheet).

She has worked with the then Kaduna State Health Management Board as Assistant Nutritionist-Dietitian before she was transferred to the civil service of Katsina State as a Senior Dietitian and Head of Catering Department of the Specialist Hospital, Katsina. She has also worked with Non-Governmental Organizations (NGOs) and international agencies to implement nutritional programmes.

While in the civil service of Katsina State, she was instrumental to the establishment of nutrition centres in the hospitals across the state. She also played active role in the introduction of nutritional care process and steps in the hospitals. She equally played a leading role in Polio immunization and Vitamin 'A' campaign.

She has carried out several researches in nutrition and dietetics and most of her work are reported in reputable journals. She has attended conferences both within and outside the country. As a matter of fact, she has delivered papers in the International Congress of Psychology (ICP) conference in Cape Town, South Africa in 2012 and at International Congress of Applied Psychology (ICAP) Paris, France in 2014.

An academic of repute Maimunatu has a very good knowledge of nutrition care process steps and exposure into theory or changing nutritional management of infants and adults including HIV/AIDs patients. Her ability to make decision to address related problem and provide safe, effective technical support to high quality nutrition care is salutary.

SAFIYA ALIYU TIJANI

Safiya Aliyu Tijani is a doctoral student of nutrition and dietetics at the Kogi State University, Anyigba, Kogi state. She has earlier obtained a Master's degree in Nutrition from Ahmadu Bello University, Zaria in 2011. She obtained Post Graduate Diplomas in Technical Education in 2003 and in Nutrition in 2010 from Ahmadu Bello University Zaria. She had her basic qualification as a dietitian from Kaduna Polytechnic where she obtained the National Diploma and Higher National Diploma in 1992 and 2003 respectfully before her enrollment as a Registered Dietitian with the Institute for Dietetics in Nigeria (IDN).



The Kaduna State born Safiya works with the Department of Nutrition and Dietetics, College of Science and Technology, Kaduna Polytechnic as a lecturer. She is also the Supervisory Dietitian at the Kaduna Polytechnic Rectors kitchen.

As a clinical dietitian and academic, she combined abilities to undertake nutrition and dietetics survey with ability to manage and provide effective technical support in food service management in a variety of setting-institutions like schools, offices and hospitals. As a computer literate individual, Safiya has deployed her knowledge of computer in developing nutrition related softwares as a way of making the understanding of nutrition and its benefits known to all and sundry. She is a regular nutrition educator on the radio especially, Spider FM radio station.

She has undertake a number of researches in nutrition and dietetics and some of her research work have been published in both local and international journals.

She is a member of the Institute for Dietetics in Nigeria (IDN) and she also belongs to other professional bodies like Nutrition Society of Nigeria (NSN), Nigerian Institute of Food Science and Technology (NIFST), and International Association for Promotion of Healthcare and Life Science Research.

ADEDOYIN OLUFUNMILAYO AJAYI

Adedoyin Olufunmilayo AJAYI is a practicing member of the Institute for Dietetics in Nigeria with the Ekiti State University Teaching Hospital, Ado Ekiti, Ekiti State. She had her educational training at Rufus Giwa Polytechnic, Owo, Ondo State and Wesley University, Ondo City, Ondo State where she obtained B. Sc. Degree in Nutrition and Dietetics



She is a UNESCO trained adult education facilitator which enhances the delivery of her counselling sessions and dietetics practice. She was a member of the Local Organising Committee (LOC) of the 2019 Annual General Meeting and Scientific Conference of the Institute held at Ado Ekiti and has actively participated in local scientific meetings and seminars on nutrition and dietetics.

In the clinical practice, she has special interest in nutritional management of burn patients and beyond the clinical practice, Adedoyin has been providing awareness and counselling about nutrition and dietetics to Corporate Organisations, Faith based organizations and various government establishments. She is a member of Diabetes Association of Nigeria Ekiti State Chapter and one of the contact officers for dietetics and nutritional management of members. She is also a member of other associations such as Nutrition Society of Nigeria, Nigerian Institute of Food Science and Technology and Nigeria Association of Social Workers. Adedoyin is happily married and blessed with children.

AKINOLA LUKMAN OLALEKAN

Olalekan, an indigene of Oyun Local Government Area of Kwara State, is a Master's degree holder in Public Health from the American University of Niger, Niger republic. He has a Post Graduate Diploma Certificate in Education and two Higher National Diploma Certificate in Biochemistry (2010, Federal Polytechnic Offa) and Nutrition and Dietetics (2015, Federal Polytechnic Bauchi).



Upon his successful outcome at the Test of Professional Competence (TOPC) of the Institute for Dietetics in Nigeria (IDN) examinations, he was admitted to the membership of the Institute.

His superlative contributions to the affairs of the Institute and extraordinary commitment gingered his nomination by the northern block of IDN members to serve the national council of the Institute as a Public Relations Officer (PRO).

Olalekan, who served in Bauchi State as a member of the National Youth Service Corps (NYSC) from 2011 to 2012, has remained in Bauchi State ever since. His working experience spans from being education officer at the Bauchi State Ministry of Education to being a lecturer at the Nutrition and Dietetics Department of the Federal Polytechnic Bauchi. He is also a nutrition consultant with Accelerating Nutrition Result in Nigeria (ANRIN), Gombe project implementation unit Gombe State and the Managing Director/Chief Executive Officer of Akin Centre for Ethnographic Nutrition Research, Bauchi.

Olalekan has carried out researches in several areas of nutrition and diet therapy. He has also published some of his works and articles in leading nutrition journals.

He is a regular attendee at all the conferences and seminars organized by the Institute since his membership. He also subscribed to the membership of other professional bodies such as Nutrition Society of Nigeria (NSN), and Diabetes Association of Nigeria (DAN).

NAFISAT ABIOLA SANNI

Nafisat Abiola Sanni was born into the family of Mr and Mrs Olubgenga Sanni in the year 1984, in Kaduna state. She hails from Ijebu Igbo in Ogun State of Nigeria.



She started her primary school education at Godiya Primary School Kaduna and got her First School Leaving Certificate (FSLC) in 1995. She attended her secondary school education in Kaduna at Betty Queen International School and in Ibadan at Ansar-Ud-Deen High School where she graduated in 2001. She got admission to study Nutrition and Dietetics at Kaduna Polytechnic where she obtained National Diploma in 2006 and Higher National Diploma with distinction in 2008.

She did her one-year compulsory Industrial Training with Golden Penny Company, Kaduna. She served in the National Youth Service Corps (NYSC) program as a corps member at Zamfara State in 2009 where she was eventually retained to work as a dietitian. She is currently working as a clinical dietitian at the State Specialist Hospital, Gusau.

She is a committed member of the Institute for Dietetics in Nigeria (IDN) and she is one of the coordinators of the Institute in Zamfara State.

She is happily married and the marriage is blessed with children. Her hobbies include travelling and meeting people.

SAMAGBEYI RUTH OSARIEMEN (MRS.)

Ruth Osariemen Samagbeyi is a graduate of Nutrition and Dietetics from the Federal University of Agriculture, Abeokuta where she graduated in 2002. She was employed into the services of Ondo State Ministry of Health in 2006 as one of the first set of Dietitians to be employed into the state civil service.



She has worked at different health facilities in the state as a Dietitian. She is presently working at the State Specialist Hospital Okitipupa as Assistant Director of Dietetics services of the hospital.

Ruth has contributed so much to health care development through her regular nutrition education and dietary counselling to patients through the various dietary clinics.

She is a devoted member of the Institute for Dietetics in Nigeria (IDN) and it is on record that she attended all the conferences of the Institute since 2016 to date. Presently, she is the Treasurer of the Ondo State Chapter of the Institute.

Ruth is happily married and her marriage is wonderfully blessed.

ASMA'U ABUBAKAR MOHAMMED

Asma'u Abubakar Mohammed hails from Bida, Niger State. She attended Kaduna Polytechnic for her training as a Dietitian. She obtained her National Diploma in 1988 and Higher National Diploma in 1992 from the



polytechnic. She later acquired a Bachelor's degree in Nutrition from the Department of Home Science and Management, Nassarawa State University, Nassarawa between 2012 and 2015.

She later studied for post graduate programmes and acquired post graduate diploma in Education from Ahmadu Bello University, Zaria in 2006, and Masters degree in Personnel Psychology from University of Ibadan in 1997.

Asma'u garnered experience as a trainee Nutritionist at the General Hospital, Minna in 1987 and later as a Nutrition Officer during her National Youth Service Corps (NYSC) programme at NNPC/PPMC Shagamu, Ogun State from 1992 – 1993. She had a stint as a Nutrition teacher at Government Day Secondary School, Kontagora from 2003 to 2005 and later at Army Day Secondary School, Minna from 2005 to 2007. She joined Ministry of Health (PHC Department) of Niger State in 2007 and worked at the Ministry until 2011 when she joined the clinical services section of the Health Ministry. She has, all along, worked at General Hospital Minna, 2011 – 2015; and M. I. Wushishi Hospital, Minna 2015 till date.

Apart from being the head of Nutrition and Dietetics of the hospital, she is also the State Nutrition Officer of Niger State. Asma'u has participated at several programmes as facilitators including UNICEF sponsored ones. She has also coordinated several Nutrition intervention programmes including Baby Friendly Hospital Initiative (2010–2013); Niger State Immunization Exercise (2018–date); ANRIN Project (Nutrition Specialist), 2018; ANRIN–SPHCDA (focal person) 2019–2020; ANRIN project (Nutrition Coordinator) 2020; and PACT/Reach OVC Programme.

A seasoned Nutritionist–Dietitian, Asma'u has attended several workshops, seminars and scientific conferences. She has also carried out a lot of researches on Nutrition and Diet therapy.

She is a registered member of the Institute for Dietetics in Nigeria (IDN) and she coordinates the affairs of the Institute in Niger State. She is also a member of the Nutrition Society of Nigeria (NSN); Counselling Society of Nigeria (CSN); and Initiative for Improved Maternal/Health.

OLUSOLA MALOMO

Olusola Malomo RDN an Assistant Chief Dietitian, is a Registered Dietitian Nutritionist working with Lagos State Health Service Commission, he is a multiple award winner, Public Relations Officer, Institute for Dietetics in Nigeria (IDN) and National Publicity Secretary of the Nutrition Society of Nigeria.



As an orientation and trainer he has been involved in training of over Two hundred thousand NYSC volunteers from 2007 till date and mentorship of over 2000. He has been privileged in partnership with Lagos State Ministry of Education to train more than 2000 teachers spread across the LGAs and LCDAs in Lagos State between 2016 till date.

Also in partnership with the Lagos State Ministry of Health and other stakeholders he is privileged to be in a team which trained about 3000 Healthcare professionals and traditional birth attendants (TBAs) on Infant and Young Child feeding from 2015 till date.

Olusola Malomo have been panelist, moderator, anchor of nutrition events in Nigeria and Central Africa. He has a bi-line in the Guardian Newspaper and have published over 200 full page articles on the National Newspapers to his credit, he is a regular guest on radio, television, DSTV channels, Educational Television series on nutrition and wellness issues.

As a nutrition advocate he has championed behavior change Awareness campaigns on Exclusive breastfeeding, Adequate Nutrition, Infant and Young Child feeding ,100% Fruit juice, Non communicable diseases such as diabetes and Hypotension, and have also influenced a lot of young professionals in doing the same.

Olusola Malomo is a public speaker who have reached out to a cross section of audience through Nutrition Education, Social behavioral change communication and Nutrition advocacy.

Olusola Malomo is happily married with kids. He is a gifted Illustrator and also love playing saxophone, painting, chess and creative thinking.

GLADYS CHINYERE NWAKA

Gladys Chinyere Nwaka obtained a Higher National Diploma in Nutrition and Dietetics from Federal Polytechnic Kaduna State in 1998. She holds e-certificate in Nutrition and Lifestyle Issues from Vanderbilt University America in 2013, certificate in Computer Application in 2006, Basic and Leadership Certificate course from Word of Faith Institute in 2006 and 2016 respectively. Presently, she is pursuing a Postgraduate Diploma in Nutrition and Dietetics at the Imo State University.



Gladys is a registered Dietitian with more than twenty years cognate experience in Medical Nutrition Therapy, participated in various community nutrition outreaches and media nutrition education. She is a consultant dietitian to some private institutions and individuals.

Nwaka Gladys is a member of Nutrition Society of Nigeria and Institute for Dietetics in Nigeria and currently a Chief Dietitian in National Hospital Abuja.

She has had extensive professional training and experience in the following areas: Maternal and Child Nutrition, Nutrition support for the critically ill, HIV/AIDS counseling and dietary management, Diabetic education and management, pain management, Breast feeding and infant feeding and many more.

In 1998 she was awarded the best graduating student, also a commendation letter for hard work from National Hospital in 2008 and an award for the most dedicated staff of the department in 2019. She is married with children

MANSURAT LAMIDI

Mrs. Mansurat Lamidi was born in Kwara State of Nigeria. She attended Kaduna Polytechnic, Kaduna for her National Diploma Programme in Dietetics (1996) and Higher National Diploma in Dietetics (2000). She did a Post Graduate Diploma Programme in Nutrition at Ahmadu Bello University, Zaria (2018) and a Diploma in Computer Science at Zamnet Computers (2016).



Mansurat works with Federal Medical Centre, Gusau, Zamfara State as a dietitian and she is presently the head of Nutrition and Dietetics unit at the hospital.

As the hospital most senior dietitian, it is to the credit of Mansurat the establishment of Nutrition and Dietetics unit in FMC, Gusau. All along, she has supported the promotion of child survival and development of severe acute malnutrition

for children under five years of age, providing maternal and child health Nutrition care, providing weight loss education at the weekly weight reducing clinics, and specific dietary needs and requirements of healthy individuals and the sick.

A highly skillful, resourceful dietitian, Mansurat is a team player whose organization and supervisory skills are highly remarkable. As a trainer and educator, she has positively influenced quite a number of individuals towards a nutritious and healthy lifestyle. Mansurat has attended and participated at several training seminars, and workshops including the Federal Ministry of Health organised, national training of trainers workshop on Inpatient Management of Severe Acute Malnutrition.

Mansurat is a registered member of the Institute for Dietetics in Nigeria.

ADAR ABIGAIL ISHAYA NYAM

Adar Abigail Nyam is a registered Nutritionist-Dietitian. She is a member of the Institute for Dietetics in Nigeria. Her educational qualifications includes National Diploma in Nutrition and Dietetics from Kaduna Polytechnic (1987), Higher National Diploma in Nutrition and Dietetics from Kaduna Polytechnic (1992), Post Graduate Diploma in Management from Abubakar Tafawa Balewa University, Bauchi (2000) and Post Graduate Diploma in Nutrition from Ahmadu Bello University Zaria (2007).



Abigail, a dedicated and hardworking Nutritionist with over 30 years working experience as Public Health Nutritionist/Dietitian, has participated in the development of

policies and implementation of several nutrition specific intervention programmes in Nigeria.

Her working experience includes working with several national and international non-governmental bodies and agencies. As a researcher, she has participated in several research works which have been successfully published. She has authored and co-authored a number of publications and presented papers in a number of conferences.

Abigail is a member of several organisations and bodies within and outside Nigeria including; Association of Women Nutritionists in Nigeria (AWiN) where she is a Trustee since 2014. She is also a member of the Nutrition Society of Nigeria (NSN) and member of National Fortification Alliance where she is representing Helen Keller International.

Due to her stellar and stunning contributions to professional diligence, she has received several awards and accolades. In 1997, she was awarded certificate of commitment and dedication to duty by UNICEF in recognition of her major contributions to the growth of BFHI in Nigeria. Her contributions placed Plateau State 2nd position with highest number of baby friendly designated hospitals.

In 1998, she was adjudged and awarded as the most hardworking civil servant in the Plateau State Ministry of Health. She bagged the Employee Recognition Award in 2007 in recognition of five years of loyal service and commitment to saving the sight and lives of the most vulnerable and disadvantaged by Helen Keller international.

Abigail also bagged the prestigious Children's Peace Ambassador from the Kastina State Government in 2018, among other recognitions.

Adar Abigail Ishaya Nyam was married to Ishaya Nyam and the marriage was blessed with 5 children and 6 grandchildren.

ASABE LAZARUS DIBAL

Mrs. Asabe hails from Hawul Local Government of Borno State of Nigeria. She is a Dietitian of repute and a registered Dietitian with the Institute for Dietetics in Nigeria.



Her voyage to the Dietetics profession started in 1979 when she secured admission to Ramat Polytechnic, Maiduguru for a diploma programme in Dietetics. Upon her graduation in 1982, Asabe started working as a Dietetics Assistant. She later enrolled for her Higher National Diploma programme in Dietetics at the famous Kaduna Polytechnic, in 1987 and completed the programme in 1989.

Asabe worked for several years as a Dietitian until her retirement. During the course of her working career, she distinguished herself as a reputable dietitian through her various innovations. She has trained quite a number of health workers and budding dietitians.

As a committed member of the Institute, she was elected as the National Financial Secretary at a time and she served for six years.

Asabe, an energetic, responsible and ambitious person has a mature approach to any given task and she is highly skillful with diverse years of experience. She is happily married to her heartthrob, Mr. Lazarus Dibal and the union is blessed with promising children.

BOYO EYITEMI ALABA PATRICIA

Patricia Boyo was born on the 14th December 1959 to parents of Delta State origin. She attended Ireti Girls School, Ikoyi, Lagos State for her primary school where she obtained her First School Leaving Certificate in 1972. She later obtained her WAEC School Certificate in 1977 from the famous Ibadan Grammar School, Ibadan Oyo State.



Her tertiary education studies took her out of southern Nigeria to Kaduna, where she attended the renowned Kaduna Polytechnic for her National Diploma and Higher National Diploma in Nutrition and Dietetics (1983)

Patricia Boyo is an experienced Dietitian having worked with different organisations as clinical dietitian including Federal Medical Centre, Ebutte Meta where she was the head of Dietetics Department until her retirement as a Chief Dietitian in 2019. Sequel to her diligent and dedicated services, the Management of the hospital decided to appoint her as a Locum Dietitian in 2020.

Patricia Boyo is a registered dietitian with the Institute for Dietetics in Nigeria. As an active member of the Institute, she has held the posts of the Treasurer (2006) and Vice President (2010–2014) at the Lagos State chapter of the Institute.

In addition to her civil service engagement, she was appointed by NPI/WHO as a central facilitator on National programme on Immunisation from 2000 to 2004. During her appointment as a central facilitator, she covered Kano/Katsina/Plateau (2000), Plateau State (2001), Kwara/Oyo State (2002) Akwa Ibom (2003) and Lagos (2004)

Patrician Boyo has attended and participated at several

conferences and workshops including the joint WHO/UNICEF organized seminar on Baby Friendly Initiative (BFI) for NRC Nurses in 1997.

She is also a member of the Nutrition Society of Nigeria (NSN) among other professional bodies.

MRS. EVELYN AKHIGBE OMOLEGHO

Born on the 30th October 1977, Evelyn hails from Ewohimi, Esan South East, Edo State. She attended Army Children School Gingiyang Barracks Sokoto and studied at Federal Polytechnic Idah and Federal Polytechnic Ado Ekiti.



She served NYSC at National Horticultural Research Institute Ibadan Oyo State. She also worked as a Quality Control and Production Manager at Brookers Yogurt and Ice Cream Production Company in Benin city.

Evelyn studied Food and Industrial Microbiology at Federal University of Technology Akure, PGD, Nutrition and Dietetics and MSc (in view). She has a robust work experience and taught Food and Nutrition and prepared students for WAEC and NECO exams. She was an Institutional Nutritionist at Divine International School, Yenagoa Bayelsa State and served as a Tourist Nutrition Officer to Israel and United Kingdom. She is a pioneer staff at the Nutrition and Dietetics Department at the Niger Delta University Teaching Hospital where she is presently the acting head of the department.

MRS OLATEJU O.O

Mrs Olateju is a graduate of Nutrition and Dietetics and she is the current head of Dietetics Department at Lagos University Teaching Hospital.

She is a registered Nutritionist-Dietitian with the Institute for Dietetics in Nigeria (IDN) and she is one of the leaders of the Institute.



She is a dietitian with a great passion for nutrition and people's wellbeing with over two decades experience creating individualized meal plan to meet patients nutritional needs.

Over the years the impact of dietitians cannot be over emphasized in utilizing clinical knowledge and counseling skills to assist the residents in maintaining and improving nutritional status.

Mrs Olateju has over the years been creating new recipes based on local organic and sustainable food sources .This has enhance clinical dietetics practice which has brought about improvement in intern training program in the institution.

Mrs Olateju has formulated, implemented and reviewed some nutrition and dietetics guidelines, standards and strategic plans used in the institution. She has engaged in networking and forming partnerships with other companies with regards to nutrition and dietetics services. She has also mobilised resources in support of various dietetics programs, projects and other interventions.

Since her attainment of administrative cadre, she has collaborated with interdisciplinary medical services divisional team to ensure compliance with reimbursement,

legal, regulatory and accreditation standards. She oversees the planning, directing and supporting administrative work of the department with an ongoing Weekly seminars for updating knowledge and standards for better performance. In the process, more researches are being carried out in different units on nutritionally related diseased conditions in other to improve on dietary skills and interventions.

AFINIKI IFY IGWE

Afiniki Ify Igwe is a native of Adamawa State of Nigeria. She attended Ramat Polytechnic, Maiduguri and the famous and leading Kaduna Polytechnic, Kaduna for her academic studies. She obtained her ND in Nutrition and Dietetics from Ramat Polytechnic, Maiduguri and HND in Nutrition and Dietetics from Kaduna Polytechnic, Kaduna.



Afiniki is a registered Nutritionist - Dietitian with the Institute for Dietetics in Nigeria and she is a member of the Education Committee of the Institute.

She works with the Dietetics Department of Jos University Teaching Hospital (JUTH) and she is presently a Principal Dietitian.

DR OYEDIRAN EMMANUEL OYEWOLE

Dr Oyewole Oyediran Emmanuel holds first and double second degrees in Human Nutrition in 1990 and 1995, respectively in then Faculty of Clinical Sciences and Dentistry, College of Medicine, University of Ibadan, Ibadan,

Nigeria. He was trained as a Dietitian at the University College Hospital, Ibadan, Oyo State from 1993-1994. He became a Nigerian Registered Dietitian in 2007 and practised briefly in some private health care facilities before venturing into academics. In addition to these, he completed his second Master's Degree in Public Health with bias in Health Promotion and Education in 2001 he also obtained a PhD degree in Public Health Nutrition in 2007; all from the



Faculty of Public Health, College of Medicine, University of Ibadan, Ibadan, Nigeria. Dr Oyewole is currently an Associate Professor of Public Health Nutrition and Education in the Department of Health Promotion and Education, Faculty of Public Health, College of Medicine, University of Ibadan, Ibadan, Nigeria. Dr Oyewole was the immediate past Ag. Head of Department of Health Promotion and Education, and he was twice the Sub-Dean in the Faculty of Public Health, University of Ibadan, Ibadan, Nigeria in 2014/2015 and 2017.

His areas of research focus include public health nutrition education and training, diet-therapy, reproductive health, gender issues in nutrition, especially from the male perspective and community organisation for health and development using health promoting settings. He has published more than 75 research articles and co-authored two books in these areas of research interest. He has won individual and joint research grants and has collaborated with the private sectors on health-related researches. He has travelled globally to present papers at international fora and conferences. He has worked as a Consultant to States, Federal Government, World Bank and other international agencies.

Dr Oyewole is a family man who enjoys a very quiet life. His hobbies include listening to old soul, jazz and country music, reading autobiographies and horticulture. He believes all life

APPENDIX I

LIST OF FELLOWS OF THE INSTITUTE FOR DIETETICS IN NIGERIA

1. Mrs. Elizabeth Olugbolahan Palmer
2. Prof. Tola Atinmo
3. Prof. Tunde Oguntona
4. Prof. Oluremi Keshinro
5. Mr. Sam Yuwa (Benue)
6. Grp. Capt. Isaac Madaki
7. Prof. Elizabeth Chibuzo
8. Prof. Grace Fadupin
9. Mrs. Theresa Akpan
10. Mrs. Sarah Abagai
11. Hajia Dije Kabara
12. Mrs. Funmi Odewale
13. Mallam Abdulkadri Abdullhadi
14. Mr. Tajudeen Olutope Ahmed.

APPENDIX II

THE HIPPOCRATIC OATH

I swear by Apollo Physician and Aselepius and Hygieia and Panaceaia and all the gods and goddesses, making them my witnesses, that I will fulfil according to my ability and judgment this oath and this covenant:

To hold him who has taught me this art as equal to my parents and to live my life in partnership with him, and if he is in need of money to give him a share of mine, and to regard his offspring as equal to my brothers in male lineage and to teach them this art—if they desire to learn it—without fee and covenant; to give a share of precepts and oral instruction and all the other learning to my sons and to the sons of him who has instructed me and to pupils who have signed the covenant and have taken an oath according to the medical law, but to no one else.

I will apply dietetic measures for the benefit of the sick according to my ability and judgment, I will keep them from harm and injustice.

I will neither give a deadly drug to anybody if asked for it, nor will I make a suggestion to this effect. Similarly I will not give to a woman an abortive remedy. In purity and holiness I will guard my life and my art.

I will not use the knife, not even sufferers from stone, but will withdraw in favour of such men as are engaged in this work.

Whatever houses I may visit, I will come for the benefit of the sick, remaining free of all intentional injustice, of all mischief and in particular of sexual relations with both female and male persons, be they free or slaves.

What I may see or hear in the course of the treatment or even outside of the treatment in regard to the life of men, which on no account one must spread abroad, I will keep to myself holding such things shameful to be spoken about.

If I fulfill this oath and do not violate it, may it be granted to me to enjoy life and art, being honoured with fame among all men for all time to come: if I transgress it and swear falsely may the opposite of all this be my lot.